



Чемпионат и Первенство Калужской области по плаванию (25 м)



«Дворец спорта «Центральный»

КАЛУГА 16-18 сентября 2025

12
16.09.2025 - 12:40

, 800m

11

: AQUA 2024

R.T.

14												
1.			2008		" "	+0,74	8:20.30		682			
	50m:	29.07	29.07	250m:	2:35.34	31.44	450m:	4:41.56	30.81	650m:	6:50.88	32.03
	100m:	1:00.99	31.92	300m:	3:06.97	31.63	500m:	5:14.33	32.77	700m:	7:23.05	32.17
	150m:	1:32.64	31.65	350m:	3:39.26	32.29	550m:	5:47.03	32.70	750m:	7:52.02	28.97
	200m:	2:03.90	31.26	400m:	4:10.75	31.49	600m:	6:18.85	31.82	800m:	8:20.30	28.28
2.			2008		" "	+0,84	8:25.91		659			
	50m:	30.11	30.11	250m:	2:37.57	31.96	450m:	4:44.41	31.88	650m:	6:51.16	31.90
	100m:	1:01.80	31.69	300m:	3:09.28	31.71	500m:	5:16.08	31.67	700m:	7:23.14	31.98
	150m:	1:33.71	31.91	350m:	3:41.22	31.94	550m:	5:47.67	31.59	750m:	7:54.53	31.39
	200m:	2:05.61	31.90	400m:	4:12.53	31.31	600m:	6:19.26	31.59	800m:	8:25.91	31.38
3.			2009		" "	+0,75	8:31.64		638			
	50m:	28.66	28.66	250m:	2:37.28	32.19	450m:	4:46.20	32.15	650m:	6:55.65	32.53
	100m:	1:00.94	32.28	300m:	3:09.37	32.09	500m:	5:18.23	32.03	700m:	7:27.96	32.31
	150m:	1:33.33	32.39	350m:	3:41.64	32.27	550m:	5:50.60	32.37	750m:	8:00.71	32.75
	200m:	2:05.09	31.76	400m:	4:14.05	32.41	600m:	6:23.12	32.52	800m:	8:31.64	30.93
4.			2008		" "	+0,78	8:41.93		601			
	50m:	30.29	30.29	250m:	2:38.65	31.92	450m:	4:47.91	32.72	650m:	7:01.54	33.64
	100m:	1:02.50	32.21	300m:	3:10.80	32.15	500m:	5:21.02	33.11	700m:	7:35.45	33.91
	150m:	1:34.61	32.11	350m:	3:42.77	31.97	550m:	5:54.35	33.33	750m:	8:09.10	33.65
	200m:	2:06.73	32.12	400m:	4:15.19	32.42	600m:	6:27.90	33.55	800m:	8:41.93	32.83
5.			2009 I		" "	+0,85	8:46.09		586			
	50m:	30.14	30.14	250m:	2:42.40	33.33	450m:	4:54.68	33.43	650m:	7:07.35	33.07
	100m:	1:02.75	32.61	300m:	3:14.99	32.59	500m:	5:27.91	33.23	700m:	7:40.98	33.63
	150m:	1:35.80	33.05	350m:	3:48.21	33.22	550m:	6:00.87	32.96	750m:	8:14.18	33.20
	200m:	2:09.07	33.27	400m:	4:21.25	33.04	600m:	6:34.28	33.41	800m:	8:46.09	31.91
6.			2010		" "	+0,72	8:57.60 I		549			
	50m:	30.51	30.51	250m:	2:42.80	33.39	450m:	5:00.42	34.38	650m:	7:18.48	34.63
	100m:	1:03.51	33.00	300m:	3:16.62	33.82	500m:	5:35.27	34.85	700m:	7:52.64	34.16
	150m:	1:36.29	32.78	350m:	3:51.08	34.46	550m:	6:09.60	34.33	750m:	8:25.36	32.72
	200m:	2:09.41	33.12	400m:	4:26.04	34.96	600m:	6:43.85	34.25	800m:	8:57.60	32.24
7.			2010 I		" "	+0,74	9:00.36 I		541			
	50m:	30.50	30.50	250m:	2:44.34	33.69	450m:	5:01.65	34.60	650m:	7:19.63	34.40
	100m:	1:03.42	32.92	300m:	3:18.48	34.14	500m:	5:36.20	34.55	700m:	7:52.67	33.04
	150m:	1:36.81	33.39	350m:	3:52.65	34.17	550m:	6:10.78	34.58	750m:	8:26.40	33.73
	200m:	2:10.65	33.84	400m:	4:27.05	34.40	600m:	6:45.23	34.45	800m:	9:00.36	33.96
8.			2009 I		" "	+0,72	9:08.44 I		518			
	50m:	31.07	31.07	250m:	2:45.53	34.26	450m:	5:04.39	34.91	650m:	7:26.01	35.20
	100m:	1:04.22	33.15	300m:	3:20.05	34.52	500m:	5:40.14	35.75	700m:	8:00.66	34.65
	150m:	1:37.29	33.07	350m:	3:54.70	34.65	550m:	6:15.72	35.58	750m:	8:35.17	34.51
	200m:	2:11.27	33.98	400m:	4:29.48	34.78	600m:	6:50.81	35.09	800m:	9:08.44	33.27
9.			2006 I		" "	+0,77	9:15.93 I		497			
	50m:	29.87	29.87	250m:	2:44.05	34.62	450m:	5:04.43	35.60	650m:	7:28.88	36.41
	100m:	1:02.39	32.52	300m:	3:18.66	34.61	500m:	5:40.17	35.74	700m:	8:04.80	35.92
	150m:	1:35.71	33.32	350m:	3:53.68	35.02	550m:	6:16.43	36.26	750m:	8:40.76	35.96
	200m:	2:09.43	33.72	400m:	4:28.83	35.15	600m:	6:52.47	36.04	800m:	9:15.93	35.17
10.			2008 II		" "	+0,73	9:16.49 I		495			
	50m:	30.07	30.07	250m:	2:49.15	34.94	450m:	5:11.15	35.60	650m:	7:33.33	35.43
	100m:	1:04.50	34.43	300m:	3:24.79	35.64	500m:	5:46.48	35.33	700m:	8:09.00	35.67
	150m:	1:39.40	34.90	350m:	4:00.33	35.54	550m:	6:22.27	35.79	750m:	8:44.28	35.28
	200m:	2:14.21	34.81	400m:	4:35.55	35.22	600m:	6:57.90	35.63	800m:	9:16.49	32.21
11.			2011 I		" "	+0,72	9:20.84 I		484			
	50m:	31.06	31.06	250m:	2:50.61	35.41	450m:	5:11.98	35.50	650m:	7:35.87	36.47
	100m:	1:05.02	33.96	300m:	3:25.62	35.01	500m:	5:47.94	35.96	700m:	8:11.95	36.08
	150m:	1:39.78	34.76	350m:	4:01.08	35.46	550m:	6:23.83	35.89	750m:	8:47.62	35.67
	200m:	2:15.20	35.42	400m:	4:36.48	35.40	600m:	6:59.40	35.57	800m:	9:20.84	33.22



Чемпионат и Первенство Калужской области по плаванию (25 м)



«Дворец спорта «Центральный»

КАЛУГА 16-18 сентября 2025

12,		, 800m		, 14		R.T.						
12.				2010 I	" "	+0,73	9:35.98	II	447			
	50m:	32.57	32.57	250m:	3:00.81	36.51	450m:	5:25.58	35.82	650m:	7:47.83	35.99
	100m:	1:09.53	36.96	300m:	3:37.65	36.84	500m:	6:00.38	34.80	700m:	8:24.18	36.35
	150m:	1:46.89	37.36	350m:	4:14.63	36.98	550m:	6:35.91	35.53	750m:	9:00.29	36.11
	200m:	2:24.30	37.41	400m:	4:49.76	35.13	600m:	7:11.84	35.93	800m:	9:35.98	35.69
13.				2010 II	" "	+0,80	9:36.53	II	445			
	50m:	31.03	31.03	250m:	2:54.55	36.15	450m:	5:21.33	36.63	650m:	7:49.84	37.36
	100m:	1:06.44	35.41	300m:	3:31.75	37.20	500m:	5:58.20	36.87	700m:	8:26.93	37.09
	150m:	1:42.07	35.63	350m:	4:07.93	36.18	550m:	6:35.83	37.63	750m:	9:04.53	37.60
	200m:	2:18.40	36.33	400m:	4:44.70	36.77	600m:	7:12.48	36.65	800m:	9:36.53	32.00
14.				2010 II	" "	+0,81	9:41.05	II	435			
	50m:	31.98	31.98	250m:	2:57.23	36.73	450m:	5:25.56	37.23	650m:	7:53.44	36.60
	100m:	1:07.31	35.33	300m:	3:34.24	37.01	500m:	6:02.42	36.86	700m:	8:29.90	36.46
	150m:	1:43.73	36.42	350m:	4:11.27	37.03	550m:	6:39.60	37.18	750m:	9:06.93	37.03
	200m:	2:20.50	36.77	400m:	4:48.33	37.06	600m:	7:16.84	37.24	800m:	9:41.05	34.12
15.				2009 I	" "	+0,93	9:42.35	II	432			
	50m:	31.12	31.12	250m:	2:51.39	36.05	450m:	5:17.94	37.03	650m:	7:50.59	38.52
	100m:	1:05.26	34.14	300m:	3:27.40	36.01	500m:	5:55.50	37.56	700m:	8:28.87	38.28
	150m:	1:39.77	34.51	350m:	4:03.84	36.44	550m:	6:33.98	38.48	750m:	9:06.44	37.57
	200m:	2:15.34	35.57	400m:	4:40.91	37.07	600m:	7:12.07	38.09	800m:	9:42.35	35.91
16.				2011 II	" "	+0,69	9:44.58	II	427			
	50m:	31.62	31.62	250m:	2:57.50	36.67	450m:	5:27.52	37.81	650m:	7:55.90	36.61
	100m:	1:07.38	35.76	300m:	3:34.27	36.77	500m:	6:05.31	37.79	700m:	8:33.08	37.18
	150m:	1:43.84	36.46	350m:	4:11.28	37.01	550m:	6:43.13	37.82	750m:	9:09.59	36.51
	200m:	2:20.83	36.99	400m:	4:49.71	38.43	600m:	7:19.29	36.16	800m:	9:44.58	34.99
17.				2009 II	" "	+0,66	9:47.44	II	421			
	50m:	30.39	30.39	250m:	2:56.71	37.61	450m:	5:28.02	37.99	650m:	7:59.67	37.61
	100m:	1:05.39	35.00	300m:	3:33.81	37.10	500m:	6:06.14	38.12	700m:	8:36.26	36.59
	150m:	1:41.47	36.08	350m:	4:11.54	37.73	550m:	6:44.16	38.02	750m:	9:12.60	36.34
	200m:	2:19.10	37.63	400m:	4:50.03	38.49	600m:	7:22.06	37.90	800m:	9:47.44	34.84
18.				2011 II	" "	+0,78	10:11.34	II	373			
	50m:	33.20	33.20	250m:	3:05.45	38.55	450m:	5:42.53	39.29	650m:	8:18.70	38.84
	100m:	1:10.03	36.83	300m:	3:44.53	39.08	500m:	6:21.25	38.72	700m:	8:57.42	38.72
	150m:	1:48.19	38.16	350m:	4:23.99	39.46	550m:	7:00.49	39.24	750m:	9:35.19	37.77
	200m:	2:26.90	38.71	400m:	5:03.24	39.25	600m:	7:39.86	39.37	800m:	10:11.34	36.15
19.				2010 II	" "	+0,78	10:46.06	II	316			
	50m:	34.49	34.49	250m:	3:17.93	41.87	450m:	6:03.07	40.69	650m:	8:46.64	41.23
	100m:	1:14.01	39.52	300m:	3:59.96	42.03	500m:	6:44.26	41.19	700m:	9:26.91	40.27
	150m:	1:54.55	40.54	350m:	4:41.37	41.41	550m:	7:24.61	40.35	750m:	10:07.74	40.83
	200m:	2:36.06	41.51	400m:	5:22.38	41.01	600m:	8:05.41	40.80	800m:	10:46.06	38.32
20.				2010 II	" "	+0,93	10:53.80	II	305			
	50m:	34.31	34.31	250m:	3:17.17	42.29	450m:	6:04.50	41.73	650m:	8:51.27	41.23
	100m:	1:13.14	38.83	300m:	3:58.92	41.75	500m:	6:46.29	41.79	700m:	9:32.40	41.13
	150m:	1:53.54	40.40	350m:	4:41.15	42.23	550m:	7:28.16	41.87	750m:	10:13.54	41.14
	200m:	2:34.88	41.34	400m:	5:22.77	41.62	600m:	8:10.04	41.88	800m:	10:53.80	40.26
21.				2011 II	" "	+0,79	10:55.73	II	303			
	50m:	33.17	33.17	250m:	3:13.54	41.52	450m:	6:00.37	41.86	650m:	8:48.09	42.29
	100m:	1:10.16	36.99	300m:	3:55.56	42.02	500m:	6:42.24	41.87	700m:	9:31.32	43.23
	150m:	1:50.26	40.10	350m:	4:37.44	41.88	550m:	7:24.30	42.06	750m:	10:14.65	43.33
	200m:	2:32.02	41.76	400m:	5:18.51	41.07	600m:	8:05.80	41.50	800m:	10:55.73	41.08
22.				2011 III	" "	+0,76	11:03.70	III	292			
	50m:	35.18	35.18	250m:	3:18.68	40.74	450m:	6:10.31	43.65	650m:	9:00.42	42.33
	100m:	1:15.08	39.90	300m:	4:00.89	42.21	500m:	6:52.81	42.50	700m:	9:42.86	42.44
	150m:	1:55.57	40.49	350m:	4:44.34	43.45	550m:	7:35.10	42.29	750m:	10:22.58	39.72
	200m:	2:37.94	42.37	400m:	5:26.66	42.32	600m:	8:18.09	42.99	800m:	11:03.70	41.12



Чемпионат и Первенство Калужской области по плаванию (25 м)



«Дворец спорта «Центральный»

КАЛУГА 16-18 сентября 2025

12, , 800m

(2007-2009 . .)

1.			2008	"	"	+0,74	8:20.30		682			
	50m:	29.07	29.07	250m:	2:35.34	31.44	450m:	4:41.56	30.81	650m:	6:50.88	32.03
	100m:	1:00.99	31.92	300m:	3:06.97	31.63	500m:	5:14.33	32.77	700m:	7:23.05	32.17
	150m:	1:32.64	31.65	350m:	3:39.26	32.29	550m:	5:47.03	32.70	750m:	7:52.02	28.97
	200m:	2:03.90	31.26	400m:	4:10.75	31.49	600m:	6:18.85	31.82	800m:	8:20.30	28.28
2.			2008	"	"	+0,84	8:25.91		659			
	50m:	30.11	30.11	250m:	2:37.57	31.96	450m:	4:44.41	31.88	650m:	6:51.16	31.90
	100m:	1:01.80	31.69	300m:	3:09.28	31.71	500m:	5:16.08	31.67	700m:	7:23.14	31.98
	150m:	1:33.71	31.91	350m:	3:41.22	31.94	550m:	5:47.67	31.59	750m:	7:54.53	31.39
	200m:	2:05.61	31.90	400m:	4:12.53	31.31	600m:	6:19.26	31.59	800m:	8:25.91	31.38
3.			2009	"	"	+0,75	8:31.64		638			
	50m:	28.66	28.66	250m:	2:37.28	32.19	450m:	4:46.20	32.15	650m:	6:55.65	32.53
	100m:	1:00.94	32.28	300m:	3:09.37	32.09	500m:	5:18.23	32.03	700m:	7:27.96	32.31
	150m:	1:33.33	32.39	350m:	3:41.64	32.27	550m:	5:50.60	32.37	750m:	8:00.71	32.75
	200m:	2:05.09	31.76	400m:	4:14.05	32.41	600m:	6:23.12	32.52	800m:	8:31.64	30.93
4.			2008	"	"	+0,78	8:41.93		601			
	50m:	30.29	30.29	250m:	2:38.65	31.92	450m:	4:47.91	32.72	650m:	7:01.54	33.64
	100m:	1:02.50	32.21	300m:	3:10.80	32.15	500m:	5:21.02	33.11	700m:	7:35.45	33.91
	150m:	1:34.61	32.11	350m:	3:42.77	31.97	550m:	5:54.35	33.33	750m:	8:09.10	33.65
	200m:	2:06.73	32.12	400m:	4:15.19	32.42	600m:	6:27.90	33.55	800m:	8:41.93	32.83
5.			2009 I	"	"	+0,85	8:46.09		586			
	50m:	30.14	30.14	250m:	2:42.40	33.33	450m:	4:54.68	33.43	650m:	7:07.35	33.07
	100m:	1:02.75	32.61	300m:	3:14.99	32.59	500m:	5:27.91	33.23	700m:	7:40.98	33.63
	150m:	1:35.80	33.05	350m:	3:48.21	33.22	550m:	6:00.87	32.96	750m:	8:14.18	33.20
	200m:	2:09.07	33.27	400m:	4:21.25	33.04	600m:	6:34.28	33.41	800m:	8:46.09	31.91
6.			2009 I	"	"	+0,72	9:08.44 I		518			
	50m:	31.07	31.07	250m:	2:45.53	34.26	450m:	5:04.39	34.91	650m:	7:26.01	35.20
	100m:	1:04.22	33.15	300m:	3:20.05	34.52	500m:	5:40.14	35.75	700m:	8:00.66	34.65
	150m:	1:37.29	33.07	350m:	3:54.70	34.65	550m:	6:15.72	35.58	750m:	8:35.17	34.51
	200m:	2:11.27	33.98	400m:	4:29.48	34.78	600m:	6:50.81	35.09	800m:	9:08.44	33.27
7.			2008 II	"	"	+0,73	9:16.49 I		495			
	50m:	30.07	30.07	250m:	2:49.15	34.94	450m:	5:11.15	35.60	650m:	7:33.33	35.43
	100m:	1:04.50	34.43	300m:	3:24.79	35.64	500m:	5:46.48	35.33	700m:	8:09.00	35.67
	150m:	1:39.40	34.90	350m:	4:00.33	35.54	550m:	6:22.27	35.79	750m:	8:44.28	35.28
	200m:	2:14.21	34.81	400m:	4:35.55	35.22	600m:	6:57.90	35.63	800m:	9:16.49	32.21
8.			2009 I	"	"	+0,93	9:42.35 II		432			
	50m:	31.12	31.12	250m:	2:51.39	36.05	450m:	5:17.94	37.03	650m:	7:50.59	38.52
	100m:	1:05.26	34.14	300m:	3:27.40	36.01	500m:	5:55.50	37.56	700m:	8:28.87	38.28
	150m:	1:39.77	34.51	350m:	4:03.84	36.44	550m:	6:33.98	38.48	750m:	9:06.44	37.57
	200m:	2:15.34	35.57	400m:	4:40.91	37.07	600m:	7:12.07	38.09	800m:	9:42.35	35.91
9.			2009 II	"	"	+0,66	9:47.44 II		421			
	50m:	30.39	30.39	250m:	2:56.71	37.61	450m:	5:28.02	37.99	650m:	7:59.67	37.61
	100m:	1:05.39	35.00	300m:	3:33.81	37.10	500m:	6:06.14	38.12	700m:	8:36.26	36.59
	150m:	1:41.47	36.08	350m:	4:11.54	37.73	550m:	6:44.16	38.02	750m:	9:12.60	36.34
	200m:	2:19.10	37.63	400m:	4:50.03	38.49	600m:	7:22.06	37.90	800m:	9:47.44	34.84

(2010-2011 . .)

1.			2010	"	"	+0,72	8:57.60 I		549			
	50m:	30.51	30.51	250m:	2:42.80	33.39	450m:	5:00.42	34.38	650m:	7:18.48	34.63
	100m:	1:03.51	33.00	300m:	3:16.62	33.82	500m:	5:35.27	34.85	700m:	7:52.64	34.16
	150m:	1:36.29	32.78	350m:	3:51.08	34.46	550m:	6:09.60	34.33	750m:	8:25.36	32.72
	200m:	2:09.41	33.12	400m:	4:26.04	34.96	600m:	6:43.85	34.25	800m:	8:57.60	32.24
2.			2010 I	"	"	+0,74	9:00.36 I		541			
	50m:	30.50	30.50	250m:	2:44.34	33.69	450m:	5:01.65	34.60	650m:	7:19.63	34.40
	100m:	1:03.42	32.92	300m:	3:18.48	34.14	500m:	5:36.20	34.55	700m:	7:52.67	33.04
	150m:	1:36.81	33.39	350m:	3:52.65	34.17	550m:	6:10.78	34.58	750m:	8:26.40	33.73
	200m:	2:10.65	33.84	400m:	4:27.05	34.40	600m:	6:45.23	34.45	800m:	9:00.36	33.96
3.			2011 I	"	"	+0,72	9:20.84 I		484			
	50m:	31.06	31.06	250m:	2:50.61	35.41	450m:	5:11.98	35.50	650m:	7:35.87	36.47
	100m:	1:05.02	33.96	300m:	3:25.62	35.01	500m:	5:47.94	35.96	700m:	8:11.95	36.08
	150m:	1:39.78	34.76	350m:	4:01.08	35.46	550m:	6:23.83	35.89	750m:	8:47.62	35.67
	200m:	2:15.20	35.42	400m:	4:36.48	35.40	600m:	6:59.40	35.57	800m:	9:20.84	33.22



Чемпионат и Первенство Калужской области по плаванию (25 м)



«Дворец спорта «Центральный»

КАЛУГА 16-18 сентября 2025

12, , 800m , (2010-2011 . .)		R.T.										
4.			2010 I	" "	+0,73	9:35.98	II		447			
	50m:	32.57	32.57	250m:	3:00.81	36.51	450m:	5:25.58	35.82	650m:	7:47.83	35.99
	100m:	1:09.53	36.96	300m:	3:37.65	36.84	500m:	6:00.38	34.80	700m:	8:24.18	36.35
	150m:	1:46.89	37.36	350m:	4:14.63	36.98	550m:	6:35.91	35.53	750m:	9:00.29	36.11
	200m:	2:24.30	37.41	400m:	4:49.76	35.13	600m:	7:11.84	35.93	800m:	9:35.98	35.69
5.			2010 II	" "	+0,80	9:36.53	II		445			
	50m:	31.03	31.03	250m:	2:54.55	36.15	450m:	5:21.33	36.63	650m:	7:49.84	37.36
	100m:	1:06.44	35.41	300m:	3:31.75	37.20	500m:	5:58.20	36.87	700m:	8:26.93	37.09
	150m:	1:42.07	35.63	350m:	4:07.93	36.18	550m:	6:35.83	37.63	750m:	9:04.53	37.60
	200m:	2:18.40	36.33	400m:	4:44.70	36.77	600m:	7:12.48	36.65	800m:	9:36.53	32.00
6.			2010 II	" "	+0,81	9:41.05	II		435			
	50m:	31.98	31.98	250m:	2:57.23	36.73	450m:	5:25.56	37.23	650m:	7:53.44	36.60
	100m:	1:07.31	35.33	300m:	3:34.27	37.01	500m:	6:02.42	36.86	700m:	8:29.90	36.46
	150m:	1:43.73	36.42	350m:	4:11.27	37.03	550m:	6:39.60	37.18	750m:	9:06.93	37.03
	200m:	2:20.50	36.77	400m:	4:48.33	37.06	600m:	7:16.84	37.24	800m:	9:41.05	34.12
7.			2011 II	" "	+0,69	9:44.58	II		427			
	50m:	31.62	31.62	250m:	2:57.50	36.67	450m:	5:27.52	37.81	650m:	7:55.90	36.61
	100m:	1:07.38	35.76	300m:	3:34.27	36.77	500m:	6:05.31	37.79	700m:	8:33.08	37.18
	150m:	1:43.84	36.46	350m:	4:11.28	37.01	550m:	6:43.13	37.82	750m:	9:09.59	36.51
	200m:	2:20.83	36.99	400m:	4:49.71	38.43	600m:	7:19.29	36.16	800m:	9:44.58	34.99
8.			2011 II	" "	+0,78	10:11.34	II		373			
	50m:	33.20	33.20	250m:	3:05.45	38.55	450m:	5:42.53	39.29	650m:	8:18.70	38.84
	100m:	1:10.03	36.83	300m:	3:44.53	39.08	500m:	6:21.25	38.72	700m:	8:57.42	38.72
	150m:	1:48.19	38.16	350m:	4:23.99	39.46	550m:	7:00.49	39.24	750m:	9:35.19	37.77
	200m:	2:26.90	38.71	400m:	5:03.24	39.25	600m:	7:39.86	39.37	800m:	10:11.34	36.15
9.			2010 II	" "	+0,78	10:46.06	II		316			
	50m:	34.49	34.49	250m:	3:17.93	41.87	450m:	6:03.07	40.69	650m:	8:46.64	41.23
	100m:	1:14.01	39.52	300m:	3:59.96	42.03	500m:	6:44.26	41.19	700m:	9:26.91	40.27
	150m:	1:54.55	40.54	350m:	4:41.37	41.41	550m:	7:24.61	40.35	750m:	10:07.74	40.83
	200m:	2:36.06	41.51	400m:	5:22.38	41.01	600m:	8:05.41	40.80	800m:	10:46.06	38.32
10.			2010 II	" "	+0,93	10:53.80	II		305			
	50m:	34.31	34.31	250m:	3:17.17	42.29	450m:	6:04.50	41.73	650m:	8:51.27	41.23
	100m:	1:13.14	38.83	300m:	3:58.92	41.75	500m:	6:46.29	41.79	700m:	9:32.40	41.13
	150m:	1:53.54	40.40	350m:	4:41.15	42.23	550m:	7:28.16	41.87	750m:	10:13.54	41.14
	200m:	2:34.88	41.34	400m:	5:22.77	41.62	600m:	8:10.04	41.88	800m:	10:53.80	40.26
11.			2011 II	" "	+0,79	10:55.73	II		303			
	50m:	33.17	33.17	250m:	3:13.54	41.52	450m:	6:00.37	41.86	650m:	8:48.09	42.29
	100m:	1:10.16	36.99	300m:	3:55.56	42.02	500m:	6:42.24	41.87	700m:	9:31.32	43.23
	150m:	1:50.26	40.10	350m:	4:37.44	41.88	550m:	7:24.30	42.06	750m:	10:14.65	43.33
	200m:	2:32.02	41.76	400m:	5:18.51	41.07	600m:	8:05.80	41.50	800m:	10:55.73	41.08
12.			2011 III	" "	+0,76	11:03.70	III		292			
	50m:	35.18	35.18	250m:	3:18.68	40.74	450m:	6:10.31	43.65	650m:	9:00.42	42.33
	100m:	1:15.08	39.90	300m:	4:00.89	42.21	500m:	6:52.81	42.50	700m:	9:42.86	42.44
	150m:	1:55.57	40.49	350m:	4:44.34	43.45	550m:	7:35.10	42.29	750m:	10:22.58	39.72
	200m:	2:37.94	42.37	400m:	5:26.66	42.32	600m:	8:18.09	42.99	800m:	11:03.70	41.12
EXH			2013 II	" "	+0,71	9:34.95	II		449			
	50m:	31.55	31.55	250m:	2:54.95	36.19	450m:	5:20.37	35.92	650m:	7:46.71	36.78
	100m:	1:06.68	35.13	300m:	3:31.50	36.55	500m:	5:56.61	36.24	700m:	8:23.81	37.10
	150m:	1:42.33	35.65	350m:	4:07.97	36.47	550m:	6:33.18	36.57	750m:	9:00.40	36.59
	200m:	2:18.76	36.43	400m:	4:44.45	36.48	600m:	7:09.93	36.75	800m:	9:34.95	34.55
EXH			2013 II	" "	+0,71	9:52.16	II		411			
	50m:	32.83	32.83	250m:	3:01.51	37.07	450m:	5:29.61	37.55	650m:	8:00.32	37.95
	100m:	1:09.27	36.44	300m:	3:38.33	36.82	500m:	6:07.26	37.65	700m:	8:38.27	37.95
	150m:	1:46.74	37.47	350m:	4:15.08	36.75	550m:	6:44.50	37.24	750m:	9:16.40	38.13
	200m:	2:24.44	37.70	400m:	4:52.06	36.98	600m:	7:22.37	37.87	800m:	9:52.16	35.76
EXH			2012 II	" "	+0,80	10:30.41	II		341			
	50m:	33.21	33.21	250m:	3:10.15	40.41	450m:	5:52.67	40.20	650m:	8:34.61	40.73
	100m:	1:10.03	36.82	300m:	3:50.94	40.79	500m:	6:33.44	40.77	700m:	9:14.16	39.55
	150m:	1:49.54	39.51	350m:	4:32.01	41.07	550m:	7:14.45	41.01	750m:	9:54.05	39.89
	200m:	2:29.74	40.20	400m:	5:12.47	40.46	600m:	7:53.88	39.43	800m:	10:30.41	36.36



Чемпионат и Первенство Калужской области по плаванию (25 м)



«Дворец спорта «Центральный»

КАЛУГА 16-18 сентября 2025

		12, , 800m						R.T.				
EХН				2013 II		" "		+0,70	10:33.89	II	335	
	50m:	32.54	32.54	250m:	3:06.51	39.76	450m:	5:50.34	41.33	650m:	8:35.17	41.47
	100m:	1:09.05	36.51	300m:	3:47.03	40.52	500m:	6:31.45	41.11	700m:	9:16.33	41.16
	150m:	1:46.95	37.90	350m:	4:27.76	40.73	550m:	7:12.18	40.73	750m:	9:56.73	40.40
	200m:	2:26.75	39.80	400m:	5:09.01	41.25	600m:	7:53.70	41.52	800m:	10:33.89	37.16
EХН				2012 II		" "		+0,64	10:49.27	II	312	
	50m:	33.02	33.02	250m:	3:13.04	40.88	450m:	5:59.98	41.72	650m:	8:46.92	42.00
	100m:	1:10.70	37.68	300m:	3:55.01	41.97	500m:	6:41.98	42.00	700m:	9:28.88	41.96
	150m:	1:51.08	40.38	350m:	4:36.32	41.31	550m:	7:23.45	41.47	750m:	10:09.27	40.39
	200m:	2:32.16	41.08	400m:	5:18.26	41.94	600m:	8:04.92	41.47	800m:	10:49.27	40.00
EХН				2013 III		" "		+0,66	11:10.64	III	283	
	50m:	34.51	34.51	250m:	3:22.95	42.51	450m:	6:14.80	42.19	650m:	9:06.98	43.20
	100m:	1:15.54	41.03	300m:	4:06.76	43.81	500m:	6:58.22	43.42	700m:	9:48.31	41.33
	150m:	1:57.99	42.45	350m:	4:49.52	42.76	550m:	7:41.77	43.55	750m:	10:31.44	43.13
	200m:	2:40.44	42.45	400m:	5:32.61	43.09	600m:	8:23.78	42.01	800m:	11:10.64	39.20
EХН				2014 III		" "		+0,79	11:28.48	III	261	
	50m:	38.10	38.10	250m:	3:32.97	44.40	450m:	6:29.26	44.27	650m:	9:25.07	44.49
	100m:	1:21.23	43.13	300m:	4:17.21	44.24	500m:	7:12.71	43.45	700m:	10:07.91	42.84
	150m:	2:05.07	43.84	350m:	5:01.73	44.52	550m:	7:57.30	44.59	750m:	10:51.09	43.18
	200m:	2:48.57	43.50	400m:	5:44.99	43.26	600m:	8:40.58	43.28	800m:	11:28.48	37.39
EХН				2013 III		" "		+0,69	11:43.59	III	245	
	50m:	38.02	38.02	250m:	3:35.90	44.55	450m:	6:38.49	45.50	650m:	9:37.22	43.84
	100m:	1:21.27	43.25	300m:	4:21.65	45.75	500m:	7:25.10	46.61	700m:	10:21.31	44.09
	150m:	2:06.76	45.49	350m:	5:06.78	45.13	550m:	8:09.21	44.11	750m:	11:03.97	42.66
	200m:	2:51.35	44.59	400m:	5:52.99	46.21	600m:	8:53.38	44.17	800m:	11:43.59	39.62