



# Чемпионат и Первенство Калужской области по плаванию (25 м)



## КАЛУГА 16-18 сентября 2025

«Дворец спорта «Центральный»

23  
17.09.2025 - 12:25

, 400m

11

: AQUA 2024

R.T.

14													
1.	2009			"		"		+0,77	<b>5:14.86</b>			556	
	50m:	33.45	33.45	150m:	1:51.44	38.64	250m:	3:15.95	46.17	350m:	4:38.43	35.59	
	100m:	1:12.80	39.35	200m:	2:29.78	38.34	300m:	4:02.84	46.89	400m:	5:14.86	36.43	
2.	2010 II			"		"		+0,84	<b>6:18.50</b>	II		320	
	50m:	38.78	38.78	150m:	2:14.88	48.39	250m:	3:56.29	55.17	350m:	5:35.26	45.24	
	100m:	1:26.49	47.71	200m:	3:01.12	46.24	300m:	4:50.02	53.73	400m:	6:18.50	43.24	
3.	2010 II			"		"		+0,93	<b>6:32.18</b>	III		287	
	50m:	42.71	42.71	150m:	2:24.37	50.05	250m:	4:05.01	51.80	350m:	5:46.45	48.83	
	100m:	1:34.32	51.61	200m:	3:13.21	48.84	300m:	4:57.62	52.61	400m:	6:32.18	45.73	
(2007-2009 . .)													
1.	2009			"		"		+0,77	<b>5:14.86</b>			556	
	50m:	33.45	33.45	150m:	1:51.44	38.64	250m:	3:15.95	46.17	350m:	4:38.43	35.59	
	100m:	1:12.80	39.35	200m:	2:29.78	38.34	300m:	4:02.84	46.89	400m:	5:14.86	36.43	
(2010-2011 . .)													
1.	2010 II			"		"		+0,84	<b>6:18.50</b>	II		320	
	50m:	38.78	38.78	150m:	2:14.88	48.39	250m:	3:56.29	55.17	350m:	5:35.26	45.24	
	100m:	1:26.49	47.71	200m:	3:01.12	46.24	300m:	4:50.02	53.73	400m:	6:18.50	43.24	
2.	2010 II			"		"		+0,93	<b>6:32.18</b>	III		287	
	50m:	42.71	42.71	150m:	2:24.37	50.05	250m:	4:05.01	51.80	350m:	5:46.45	48.83	
	100m:	1:34.32	51.61	200m:	3:13.21	48.84	300m:	4:57.62	52.61	400m:	6:32.18	45.73	
EXH	2013 II			"		"		+0,78	<b>5:52.85</b>	II		395	
	50m:	35.70	35.70	150m:	2:04.98	44.66	250m:	3:39.49	50.25	350m:	5:12.73	41.92	
	100m:	1:20.32	44.62	200m:	2:49.24	44.26	300m:	4:30.81	51.32	400m:	5:52.85	40.12	
EXH	2012 II			«		»		+0,70	<b>6:11.09</b>	II		339	
	50m:	42.53	42.53	150m:	2:17.02	45.56	250m:	3:53.62	52.67	350m:	5:29.94	42.34	
	100m:	1:31.46	48.93	200m:	3:00.95	43.93	300m:	4:47.60	53.98	400m:	6:11.09	41.15	
EXH	2014 II			"		"		+0,84	<b>6:11.94</b>	II		337	
	50m:	41.50	41.50	150m:	2:19.18	47.18	250m:	3:57.79	53.12	350m:	5:33.29	42.52	
	100m:	1:32.00	50.50	200m:	3:04.67	45.49	300m:	4:50.77	52.98	400m:	6:11.94	38.65	