



Чемпионат и Первенство Калужской области по плаванию (25 м)



«Дворец спорта «Центральный»

КАЛУГА 16-18 сентября 2025

24				, 400m				11				
17.09.2025 - 12:35												
: AQUA 2024												
R.T.												
14												
1.	2010							+0,74		4:51.87	I	520
	50m:	29.95	29.95	150m:	1:41.88	37.48	250m:	3:01.18	42.41	350m:	4:18.84	34.19
	100m:	1:04.40	34.45	200m:	2:18.77	36.89	300m:	3:44.65	43.47	400m:	4:51.87	33.03
2.	2010 II							+0,78		5:37.33	II	337
	50m:	33.16	33.16	150m:	1:57.81	44.03	250m:	3:29.48	49.09	350m:	4:58.05	39.15
	100m:	1:13.78	40.62	200m:	2:40.39	42.58	300m:	4:18.90	49.42	400m:	5:37.33	39.28
DSQ	2011 III											
(2010-2011 . .)												
1.	2010							+0,74		4:51.87	I	520
	50m:	29.95	29.95	150m:	1:41.88	37.48	250m:	3:01.18	42.41	350m:	4:18.84	34.19
	100m:	1:04.40	34.45	200m:	2:18.77	36.89	300m:	3:44.65	43.47	400m:	4:51.87	33.03
2.	2010 II							+0,78		5:37.33	II	337
	50m:	33.16	33.16	150m:	1:57.81	44.03	250m:	3:29.48	49.09	350m:	4:58.05	39.15
	100m:	1:13.78	40.62	200m:	2:40.39	42.58	300m:	4:18.90	49.42	400m:	5:37.33	39.28
DSQ	2011 III											
EXH	2012 II							+0,74		5:52.75	III	294
	50m:	35.56	35.56	150m:	2:09.70	44.68	250m:	3:41.95	48.58	350m:	5:14.73	40.31
	100m:	1:25.02	49.46	200m:	2:53.37	43.67	300m:	4:34.42	52.47	400m:	5:52.75	38.02
EXH	2014 II							+0,74		6:03.72	III	269
	50m:	38.15	38.15	150m:	2:12.68	48.32	250m:	3:49.61	49.68	350m:	5:24.16	42.63
	100m:	1:24.36	46.21	200m:	2:59.93	47.25	300m:	4:41.53	51.92	400m:	6:03.72	39.56
EXH	2012 III							+0,79		6:47.93		190
	50m:	47.60	47.60	150m:	2:36.63	52.94	250m:	4:22.92	55.32	350m:	6:04.23	45.25
	100m:	1:43.69	56.09	200m:	3:27.60	50.97	300m:	5:18.98	56.06	400m:	6:47.93	43.70