

ЧЕМПИОНАТ КАЛУЖСКОЙ ОБЛАСТИ ПО ПЛАВАНИЮ

ОБНИНСК 12-14 ФЕВРАЛЯ 2026



35
14.02.2026 - 12:52

, 400m

: AQUA 2025

										FINA	
1.				27.07.2006	"	"	"		4:26.96		685
	50m:	30.32	30.32	150m:	1:37.35	33.98	250m:	2:46.01	34.09	350m:	3:53.63 33.19
	100m:	1:03.37	33.05	200m:	2:11.92	34.57	300m:	3:20.44	34.43	400m:	4:26.96 33.33
2.				16.11.2009	"	"	"		4:38.38		604
	50m:	31.66	31.66	150m:	1:41.79	35.42	250m:	2:53.38	35.91	350m:	4:05.03 35.78
	100m:	1:06.37	34.71	200m:	2:17.47	35.68	300m:	3:29.25	35.87	400m:	4:38.38 33.35
3.				03.04.2010	"	"	"		4:55.67	I	504
	50m:	33.31	33.31	150m:	1:48.90	37.97	250m:	3:03.95	37.44	350m:	4:19.53 37.99
	100m:	1:10.93	37.62	200m:	2:26.51	37.61	300m:	3:41.54	37.59	400m:	4:55.67 36.14
4.				07.06.2009	"	"	"		5:04.52	II	461
	100m:	1:13.09	1:13.09	250m:	3:10.27	38.45	400m:	5:04.52	1:16.00		
	200m:	2:31.82	1:18.73	300m:	3:48.52	38.25					
5.				31.07.2009 II	"	"	"		5:25.19	II	379
	50m:	35.71	35.71	150m:	1:56.76	41.37	250m:	3:21.26	42.37	350m:	4:45.92 42.15
	100m:	1:15.39	39.68	200m:	2:38.89	42.13	300m:	4:03.77	42.51	400m:	5:25.19 39.27
6.				14.08.2010 II	"	"	"		5:42.64	III	324
	50m:	36.29	36.29	150m:	2:02.42	44.55	250m:	3:31.36	44.76	350m:	5:01.58 45.68
	100m:	1:17.87	41.58	200m:	2:46.60	44.18	300m:	4:15.90	44.54	400m:	5:42.64 41.06
7.				03.06.2010 II	"	"	"		6:02.83	III	273
	50m:	36.01	36.01	150m:	2:03.22	45.95	250m:	3:39.06	48.86	350m:	5:17.76 49.90
	100m:	1:17.27	41.26	200m:	2:50.20	46.98	300m:	4:27.86	48.80	400m:	6:02.83 45.07