

ЧЕМПИОНАТ КАЛУЖСКОЙ ОБЛАСТИ ПО ПЛАВАНИЮ

ОБНИНСК 12-14 ФЕВРАЛЯ 2026



36 , 400m
14.02.2026 - 12:59

: AQUA 2025

										FINA		
1.			16.05.2008		"	"	"		4:04.43	729		
	50m:	28.29	28.29	150m:	1:29.07	30.29	250m:	2:32.15	31.72	350m:	3:34.64	29.96
	100m:	58.78	30.49	200m:	2:00.43	31.36	300m:	3:04.68	32.53	400m:	4:04.43	29.79
2.			01.07.2008		"	"	"		4:09.39	687		
	50m:	29.12	29.12	150m:	1:31.44	30.84	250m:	2:34.39	31.54	350m:	3:37.21	31.65
	100m:	1:00.60	31.48	200m:	2:02.85	31.41	300m:	3:05.56	31.17	400m:	4:09.39	32.18
3.			20.06.2009		"	"	"		4:14.53	I 646		
	50m:	29.30	29.30	150m:	1:33.73	32.90	250m:	2:38.86	32.81	350m:	3:43.19	31.78
	100m:	1:00.83	31.53	200m:	2:06.05	32.32	300m:	3:11.41	32.55	400m:	4:14.53	31.34
4.			25.02.2009		"	"	"		4:17.49	I 624		
	50m:	29.10	29.10	150m:	1:34.00	32.51	250m:	2:40.00	32.86	350m:	3:45.76	32.48
	100m:	1:01.49	32.39	200m:	2:07.14	33.14	300m:	3:13.28	33.28	400m:	4:17.49	31.73
5.			22.08.2008		"	"	"		4:22.20	I 591		
	50m:	30.35	30.35	150m:	1:38.05	34.38	250m:	2:46.20	34.13	350m:	3:52.69	32.92
	100m:	1:03.67	33.32	200m:	2:12.07	34.02	300m:	3:19.77	33.57	400m:	4:22.20	29.51
6.			24.02.2009		"	"	"		4:22.44	I 589		
	50m:	30.49	30.49	150m:	1:38.30	34.51	250m:	2:46.44	34.21	350m:	3:53.00	33.03
	100m:	1:03.79	33.30	200m:	2:12.23	33.93	300m:	3:19.97	33.53	400m:	4:22.44	29.44
7.			23.01.2009		"	"	"		4:24.25	I 577		
	50m:	29.35	29.35	150m:	1:33.96	32.80	250m:	2:40.33	33.52	350m:	3:49.91	35.29
	100m:	1:01.16	31.81	200m:	2:06.81	32.85	300m:	3:14.62	34.29	400m:	4:24.25	34.34
8.			06.08.2007		"	"	"		4:25.66	I 568		
	50m:	30.05	30.05	150m:	1:36.76	33.84	250m:	2:45.26	34.15	350m:	3:53.53	34.00
	100m:	1:02.92	32.87	200m:	2:11.11	34.35	300m:	3:19.53	34.27	400m:	4:25.66	32.13
9.			11.08.2010 I		"	"	"		4:25.89	I 566		
	100m:	1:02.12	1:02.12	200m:	2:09.81	34.22	350m:	3:53.65	33.98			
	150m:	1:35.59	33.47	300m:	3:19.67	1:09.86	400m:	4:25.89	32.24			
10.			11.08.2011 I		"	"	"		4:28.63	I 549		
	50m:	29.94	29.94	150m:	1:35.96	33.85	250m:	2:45.86	35.49	350m:	3:55.54	34.79
	100m:	1:02.11	32.17	200m:	2:10.37	34.41	300m:	3:20.75	34.89	400m:	4:28.63	33.09
11.			28.07.2009		"	"	"		4:30.66	I 537		
	50m:	30.73	30.73	150m:	1:37.62	33.69	250m:	2:46.82	34.68	350m:	3:57.16	35.01
	100m:	1:03.93	33.20	200m:	2:12.14	34.52	300m:	3:22.15	35.33	400m:	4:30.66	33.50
12.			08.11.2008 I		"	"	"		4:34.19	II 517		
	50m:	30.07	30.07	150m:	1:37.01	33.72	250m:	2:47.46	35.41	350m:	3:59.48	35.97
	100m:	1:03.29	33.22	200m:	2:12.05	35.04	300m:	3:23.51	36.05	400m:	4:34.19	34.71
13.			29.03.2011 I		"	"	"		4:34.84	II 513		
	50m:	30.88	30.88	150m:	1:39.87	35.04	250m:	2:51.17	35.69	350m:	4:01.57	34.66
	100m:	1:04.83	33.95	200m:	2:15.48	35.61	300m:	3:26.91	35.74	400m:	4:34.84	33.27
14.			09.10.2011 II		"	"	"		4:37.75	II 497		
	50m:	31.22	31.22	150m:	1:42.17	35.38	250m:	2:54.53	36.05	350m:	4:04.70	34.41
	100m:	1:06.79	35.57	200m:	2:18.48	36.31	300m:	3:30.29	35.76	400m:	4:37.75	33.05
15.			13.01.2012 II		"	"	"		4:38.34	II 494		
	50m:	30.95	30.95	150m:	1:41.43	36.01	250m:	2:53.72	36.38	350m:	4:05.00	35.69
	100m:	1:05.42	34.47	200m:	2:17.34	35.91	300m:	3:29.31	35.59	400m:	4:38.34	33.34
16.			10.03.2010 I		"	"	"		4:39.71	II 487		
	50m:	30.18	30.18	150m:	1:41.80	36.02	250m:	2:55.48	37.08	350m:	4:07.28	35.35
	100m:	1:05.78	35.60	200m:	2:18.40	36.60	300m:	3:31.93	36.45	400m:	4:39.71	32.43

"ALGE-TIMING"

50

ЧЕМПИОНАТ КАЛУЖСКОЙ ОБЛАСТИ ПО ПЛАВАНИЮ

ОБНИНСК 12-14 ФЕВРАЛЯ 2026



ПР. ЛЕВУНА 153
ДВОРЦ СПОРТА ОБНИН



36, , 400m

											FINA		
17.				30.11.2012	II						4:45.66	II	457
	50m:	32.15	32.15	200m:	2:21.10	1:13.44	400m:	4:45.66	1:10.24				
	100m:	1:07.66	35.51	300m:	3:35.42	1:14.32							
18.				29.02.2012	I						4:51.10	II	432
	50m:	30.92	30.92	150m:	1:42.17	36.94	250m:	2:59.28	38.75	350m:	4:15.94	38.06	
	100m:	1:05.23	34.31	200m:	2:20.53	38.36	300m:	3:37.88	38.60	400m:	4:51.10	35.16	
19.				09.06.2012	II						4:52.08	II	427
	50m:	31.89	31.89	150m:	1:46.28	37.94	250m:	3:02.55	38.20	350m:	4:17.94	37.39	
	100m:	1:08.34	36.45	200m:	2:24.35	38.07	300m:	3:40.55	38.00	400m:	4:52.08	34.14	
20.				27.07.2011	II						4:53.94	II	419
	50m:	31.57	31.57	150m:	1:44.40	37.06	250m:	2:59.55	37.28	350m:	4:16.34	37.75	
	100m:	1:07.34	35.77	200m:	2:22.27	37.87	300m:	3:38.59	39.04	400m:	4:53.94	37.60	
21.				22.08.2012	II						5:03.37	II	381
	50m:	34.30	34.30	150m:	1:51.44	38.98	250m:	3:08.52	38.97	350m:	4:25.89	38.74	
	100m:	1:12.46	38.16	200m:	2:29.55	38.11	300m:	3:47.15	38.63	400m:	5:03.37	37.48	
22.				14.10.2011	II						5:10.17	III	357
	50m:	34.02	34.02	150m:	1:51.40	39.76	250m:	3:10.94	40.32	350m:	4:31.80	40.62	
	100m:	1:11.64	37.62	200m:	2:30.62	39.22	300m:	3:51.18	40.24	400m:	5:10.17	38.37	
23.				06.06.2011	III						5:18.13	III	331
	50m:	32.77	32.77	150m:	1:50.18	40.02	250m:	3:13.07	41.91	350m:	4:39.16	42.99	
	100m:	1:10.16	37.39	200m:	2:31.16	40.98	300m:	3:56.17	43.10	400m:	5:18.13	38.97	
24.				17.08.2011	III						5:24.51	III	311
	100m:	1:13.45	1:13.45	200m:	2:36.28	1:22.83	300m:	4:01.55	1:25.27	400m:	5:24.51	1:22.96	
25.				13.11.2011	III						5:41.79	III	266
	50m:	36.69	36.69	150m:	2:01.83	42.86	250m:	3:30.05	43.96	350m:	5:00.00	45.78	
	100m:	1:18.97	42.28	200m:	2:46.09	44.26	300m:	4:14.22	44.17	400m:	5:41.79	41.79	