

ЧЕМПИОНАТ КАЛУЖСКОЙ ОБЛАСТИ ПО ПЛАВАНИЮ

ОБНИНСК 12-14 ФЕВРАЛЯ 2026



ОР. ЛЕНОВА 153
ДВОРЕЦ СПОРТА ОБНИНСК



12.02.2026

6

, 400m

: AQUA 2025

										FINA		
1.				04.10.2006		"	"	"		4:45.90	610	
	50m:	30.67	30.67	150m:	1:43.16	36.66	250m:	2:58.82	39.62	350m:	4:13.34	34.30
	100m:	1:06.50	35.83	200m:	2:19.20	36.04	300m:	3:39.04	40.22	400m:	4:45.90	32.56
2.				16.05.2008		"	"	"		4:50.44	I 582	
	50m:	29.36	29.36	150m:	1:41.62	38.10	250m:	3:00.62	42.90	350m:	4:17.80	33.73
	100m:	1:03.52	34.16	200m:	2:17.72	36.10	300m:	3:44.07	43.45	400m:	4:50.44	32.64
3.				06.08.2007		"	"	"		5:02.11	I 517	
	50m:	30.08	30.08	150m:	1:50.04	43.64	250m:	3:14.31	43.28	350m:	4:30.09	33.95
	100m:	1:06.40	36.32	200m:	2:31.03	40.99	300m:	3:56.14	41.83	400m:	5:02.11	32.02
4.				09.11.2009		"	"	"		5:04.24	I 506	
	50m:	30.25	30.25	150m:	1:49.11	41.78	250m:	3:12.30	42.68	350m:	4:29.41	35.79
	100m:	1:07.33	37.08	200m:	2:29.62	40.51	300m:	3:53.62	41.32	400m:	5:04.24	34.83
5.				24.06.2010 II		"	"	"		5:50.35	III 331	
	50m:	33.57	33.57	150m:	1:59.53	44.37	250m:	3:35.01	51.01	350m:	5:08.71	41.01
	100m:	1:15.16	41.59	200m:	2:44.00	44.47	300m:	4:27.70	52.69	400m:	5:50.35	41.64
6.				22.06.2012 II		"	"	"		5:57.31	III 312	
	50m:	35.19	35.19	200m:	2:51.29	1:29.76	300m:	4:34.96	52.50	400m:	5:57.31	40.04
	100m:	1:21.53	46.34	250m:	3:42.46	51.17	350m:	5:17.27	42.31			
7.				27.05.2011 III		"	"	"		6:14.62	III 271	
	50m:	40.04	40.04	200m:	3:03.10	1:36.80	300m:	4:51.46	53.01	400m:	6:14.62	38.90
	100m:	1:26.30	46.26	250m:	3:58.45	55.35	350m:	5:35.72	44.26			
DSQ				17.09.2010 II		"	"	"				