



23-25 2024

						%	PB
							13
, 2010 (14),							1
100m	5.	1:20.22	469	1:19.20	97%		
100m	6.	1:12.15	420	1:10.00	94%		
200m	2.	2:34.56	490	2:36.15	102%		
, 2009 (15),							1
100m	8.	1:03.54	494	1:05.50	106%		
100m	4.	1:08.74	486	1:07.00	95%		
, 2009 (15),							1
100m	2.	1:16.17	548	1:16.77	102%		
200m	2.	2:51.81	480	2:50.77	99%		
, 2009 (15),							2
50m	6.	29.94	449	30.17	102%		
100m	10.	1:05.97	441	1:07.19	104%		
200m	11.	2:28.48	410	2:26.17	97%		
, 2010 (14),							3
50m	12.	26.91	420	27.60	105%		
100m	2.	1:05.03	410	1:08.60	111%		
100m	3.	1:13.27	429	1:16.77	110%		
, 2010 (14),							-
100m	4.	1:08.73	509	1:08.17	98%		
200m	4.	2:26.26	537	2:25.17	99%		
, 2013 (11),							2
100m	8.	1:36.93	266	1:38.00	102%		
200m	7.	3:26.47	276	3:50.00	124%		
, 2009 (15),							3
50m	4.	25.48	495	27.30	115%		
100m	4.	56.29	505	58.58	108%		
200m	6.	2:02.91	528	2:07.36	107%		
							-
							53
, 2012 (12),							1
100m	3.	1:13.78	411	1:13.39	99%	05.04.2024	
200m	6.	2:45.52	371	2:40.00	93%		
200m	1.	2:43.47	414	2:50.87	109%		
, 2015 (9),							1
100m	4.	1:32.96	140	1:36.00	107%		
100m	7.	1:49.61	128	1:45.00	92%		
, 2012 (12),							2
50m	12.	34.11	206	33.00	94%		
100m	19.	1:14.55	217	1:20.00	115%		
200m	2.	3:09.45	255	3:25.00	117%		
, 2010 (14),							2
100m	1.	1:04.36	423	1:05.00	102%		
200m	2.	2:18.25	446	2:27.00	113%		
100m	2.	1:03.85	419	1:03.00	97%		
, 2013 (11),							-
200m	8.	3:00.80	199	3:00.00	99%		
200m	7.	3:13.68	181	2:55.00	82%		
, 2009 (15),							-
100m	7.	1:24.53	401	1:23.00	96%		
200m	6.	3:02.19	402	2:53.00	90%		





23-25 2024

	, 2010 (14),									1
50m		8.	31.35	391	32.00				104%	
100m		6.	1:11.76	447	1:10.00				95%	
200m		6.	2:33.65	463	2:30.00				95%	
	, 2013 (11),									3
50m		17.	34.98	191	36.00				106%	
100m		30.	1:22.08	163	1:25.00				107%	
200m		4.	3:18.05	223	3:25.00				107%	
	, 2013 (11),									3
50m		9.	35.51	269	36.00				103%	
200m		13.	3:04.81	266	3:05.00				100%	
200m		12.	3:14.99	244	3:20.00				105%	
	, 2010 (14),									-
100m		5.	1:10.32	324	1:07.00				91%	
200m		3.	2:30.66	344	2:30.00				99%	
100m		4.	1:11.32	300	1:07.00				88%	
	, 2011 (13),									2
50m		3.	29.75	311	30.10	05.04.2024			102%	
100m		3.	1:05.94	314	1:07.17	05.04.2024			104%	
400m		5.	5:14.14	308	5:10.00				97%	
	, 2014 (10),									1
50m		1.	36.19	254	35.00				94%	
100m		1.	1:20.24	245	1:20.00				99%	
200m		1.	3:13.73	248	3:20.00				107%	
	, 2014 (10),									3
100m		1.	1:29.91	227	1:31.09	05.04.2024			103%	
200m		1.	3:06.93	257	3:08.00				101%	
200m		2.	3:22.41	218	3:26.00				104%	
	, 2013 (11),									1
100m		8.	1:21.77	302	1:19.44	05.04.2024			94%	
200m		8.	2:49.28	346	2:49.00				100%	
200m		5.	2:58.31	319	3:01.58	27.02.2024			104%	
	, 2011 (13),									-
100m		5.	1:09.32	380	1:08.98	05.04.2024			99%	
100m		3.	1:27.96	356	1:23.00				89%	
200m		2.	3:10.14	354	2:53.00				83%	
	, 2014 (10),									2
50m		1.	34.89	192	36.25	05.04.2024			108%	
100m		3.	1:20.70	171	1:18.00				93%	
200m		4.	3:33.17	179	3:40.00				107%	
	, 2013 (11),									3
200m		6.	2:55.59	247	3:00.00				105%	
400m		5.	6:10.12	244	6:15.00				103%	
200m		13.	3:17.76	233	3:25.00				107%	
	, 2014 (10),									-
100m		3.	1:41.06	163	1:40.00				98%	
100m		4.	1:38.32	114	1:35.38	05.04.2024			94%	
	, 2011 (13),									2
100m		1.	1:13.12	288	1:12.92	05.04.2024			99%	
200m		3.	2:40.79	283	2:45.00				105%	
200m		2.	2:45.14	292	2:45.24	27.02.2024			100%	
	, 2014 (10),									1
50m		2.	39.16	200	37.53	05.04.2024			92%	
100m		3.	1:25.62	202	1:26.00				101%	
200m		3.	3:25.10	209	3:25.00				100%	
	, 2009 (15),									3
100m		13.	1:06.84	424	1:07.34	05.10.2023			102%	
100m		8.	1:13.59	414	1:14.30	05.04.2024			102%	
200m		3.	2:43.17	416	2:47.84	05.10.2023			106%	





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	, 2011 (13),							1
50m		10.	33.19	224	31.00			87%
100m		10.	1:09.95	263	1:13.99	27.02.2024		112%
200m		12.	2:34.68	265	2:25.00			88%
	, 2014 (10),							2
50m		6.	37.90	150	40.00			111%
100m		11.	1:31.34	118	1:30.00			97%
200m		6.	3:30.24	141	3:40.00			110%
	, 2009 (15),							3
100m		4.	1:07.37	369	1:10.52	05.10.2023		110%
100m		1.	1:09.31	507	1:11.56	18.03.2024		107%
200m		1.	2:30.83	505	2:38.81	27.02.2024		111%
	, 2013 (11),							2
100m		13.	1:33.22	204	1:35.00			104%
200m		17.	3:18.54	215	3:20.00			101%
	, 2013 (11),							-
100m		17.	1:30.17	173	NT			-
	, 2014 (10),							2
50m		4.	37.49	155	37.00			97%
100m		1.	1:35.07	196	1:39.00			108%
200m		3.	3:25.43	200	3:38.00			113%
	, 2012 (12),							1
100m		7.	1:36.49	269	1:45.28	17.11.2023		119%
	, 2010 (14),							3
100m		8.	1:10.64	320	1:16.00			116%
100m		4.	1:17.07	369	1:22.51	27.02.2024		115%
200m		7.	2:50.56	349	2:53.90	05.10.2023		104%
	, 2013 (11),							-
400m		2.	5:45.05	301	5:30.00			91%
100m		5.	1:33.88	293	1:32.70	05.04.2024		98%
200m		3.	3:18.06	313	3:10.00			92%
	, 2015 (9),							3
100m		2.	1:26.57	173	1:30.00			108%
200m		2.	3:03.12	191	3:20.00			119%
200m		2.	3:12.35	185	3:22.00			110%
	, 2013 (11),							1
100m		32.	1:22.41	161	1:25.00			106%
	, 2010 (14),							1
50m		24.	29.03	334	28.85	05.04.2024		99%
100m		16.	1:04.27	339	1:04.03	05.04.2024		99%
400m		11.	5:11.05	317	5:12.02	27.02.2024		101%
	, 2014 (10),							1
100m		2.	1:49.40	185	1:45.00			92%
200m		1.	3:45.22	213	4:10.00			123%
	, 2014 (10),							2
100m		1.	1:23.89	191	1:24.00			100%
200m		1.	2:58.42	207	2:57.00			98%
200m		1.	3:18.97	220	3:35.00			117%
								-
	" " "							5
	, 2010 (14),							-
50m		28.	29.22	328	28.56	05.04.2024		96%
	, 2011 (13),							1
200m		4.	2:22.66	337	2:21.00			98%
400m		3.	4:57.76	362	4:55.00			98%
800m		3.	10:12.59	379	10:23.05	05.04.2024		103%





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100m	, 2013 (11),	35.	1:28.65	129	1:25.00	92%	-
200m		13.	3:49.48	97	3:12.00	70%	
50m	, 2009 (15),	22.	28.64	348	29.59	10.09.2023	107%
100m		5.	1:17.08	368	1:18.84	27.02.2024	105%
200m		6.	2:49.44	356	2:54.63	27.02.2024	106%
50m	, 2012 (12),	5.	31.17	270	30.80	27.01.2024	98%
100m		9.	1:09.78	265	1:06.66	27.01.2024	91%
200m		7.	2:29.68	292	2:27.09	27.01.2024	97%
50m	, 2009 (15),	9.	32.52	350	32.10	05.04.2024	97%
100m		14.	1:09.17	383	1:09.72	05.10.2023	102%
100m		7.	1:17.39	340	1:16.77	05.04.2024	98%
100m	, 2009 (15),	5.	1:02.02	531	1:05.74	05.10.2023	112%
100m		3.	1:07.23	519	1:09.11	27.02.2024	106%
200m	, 2011 (13),	2.	2:17.77	513	2:21.03	05.12.2023	105%
200m		3.	2:31.10	487	2:34.12	05.12.2023	104%
100m	, 2010 (14),	7.	1:13.13	422	1:15.28	27.02.2024	106%
200m		7.	2:37.88	427	NT	-	-
200m	, 2010 (14),	8.	2:13.43	413	2:14.87	18.05.2024	102%
400m		6.	4:39.59	437	4:48.23	27.02.2024	106%
800m		8.	9:36.25	455	10:00.72	27.02.2024	109%
50m	, 2011 (13),	11.	39.96	188	NT	-	-
200m		5.	3:21.41	298	NT	-	-
100m	, 2010 (14),	17.	1:10.57	361	1:12.00	104%	3
800m		13.	11:35.17	323	11:17.42	05.04.2024	95%
100m		8.	1:17.83	334	1:20.46	18.05.2024	107%
200m		5.	2:48.22	380	2:51.40	05.04.2024	104%
100m	, 2009 (15),	11.	1:17.36	357	NT	-	-
200m		9.	2:52.57	327	NT	-	-
100m	, 2014 (10),	7.	1:39.03	130	1:39.99	05.04.2024	102%
100m		4.	1:52.84	115	1:55.38	18.05.2024	105%
200m	, 2012 (12),	16.	3:17.51	218	NT	-	-
200m		13.	4:07.19	161	NT	-	-
100m	, 2009 (15),	8.	1:25.51	387	1:25.10	05.10.2023	99%
100m		9.	1:20.02	308	1:15.00	88%	2
50m	, 2010 (14),	11.	33.26	327	35.35	27.02.2024	113%
100m		14.	1:33.66	295	1:30.81	05.04.2024	94%
200m		7.	3:02.55	297	3:07.80	05.04.2024	106%
50m	, 2012 (12),	4.	30.74	415	NT	-	1
200m		3.	2:22.40	464	NT	-	-
200m		4.	2:34.77	453	2:40.02	01.12.2023	107%
100m	, 2014 (10),	8.	1:50.63	124	1:50.00	99%	-





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	, 2009 (15),							-
50m		12.	34.41	295	34.20	05.04.2024	99%	
100m		15.	1:37.79	259	1:36.66	05.04.2024	98%	
	, 2012 (12),							2
50m		13.	34.18	205	36.00		111%	
100m		4.	1:38.45	177	1:50.00		125%	
200m		6.	3:10.04	191	3:10.00		100%	
"	"							-
"	"							-
								15
	, 2010 (14),							1
100m		19.	1:13.17	323	1:12.01	05.10.2023	97%	
400m		7.	5:53.16	280	5:45.70	05.10.2023	96%	
200m		9.	3:10.11	263	3:14.00		104%	
	, 2009 (15),							-
50m		31.	31.56	260	30.01		90%	
100m		28.	1:12.21	239	1:11.00		97%	
100m		14.	1:20.49	216	1:20.14		99%	
200m	, 2010 (14),	10.	3:05.56	263	3:10.93	27.02.2024	106%	1
	, 2010 (14),							1
100m		21.	1:14.91	301	1:14.00		98%	
400m		5.	5:43.45	305	5:50.00		104%	
100m		12.	1:23.64	282	1:23.14		99%	
	, 2011 (13),							1
100m		12.	1:10.29	259	1:11.00		102%	
100m		4.	1:16.11	256	1:13.60		94%	
	, 2010 (14),							2
400m		6.	5:47.26	295	5:58.00		106%	
100m		10.	1:22.06	285	1:14.31		82%	
200m		6.	3:01.39	303	3:13.00		113%	
	, 2011 (13),							2
100m		13.	1:11.16	250	1:11.23		100%	
200m		13.	2:35.26	262	2:46.12		114%	
100m		8.	1:24.68	185	1:24.60		100%	
	, 2009 (15),							1
100m		14.	1:02.86	362	1:02.22		98%	
100m		6.	1:13.07	279	1:14.31		103%	
200m		6.	2:37.27	338	2:36.25		99%	
	, 2011 (13),							1
100m		5.	1:17.74	352	1:16.00		96%	
200m		9.	2:52.92	325	3:00.90		109%	
	, 2010 (14),							1
100m		13.	1:32.82	303	1:32.35		99%	
200m		8.	3:04.44	288	3:10.59	27.02.2024	107%	
	, 2011 (13),							-
100m		28.	1:20.34	173	1:15.00		87%	
200m		23.	3:06.90	150	3:05.00		98%	
	, 2011 (13),							1
100m		14.	1:12.03	241	1:14.00		106%	
100m		7.	1:22.43	201	1:22.00		99%	
	, 2011 (13),							2
100m		13.	1:15.83	290	1:11.57		89%	
400m		3.	5:59.77	265	6:19.00		111%	
200m		6.	3:01.26	303	3:03.00		102%	





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	, 2012 (12),							1
100m		14.	1:15.95	289	1:14.00			95%
200m		7.	3:02.66	296	3:11.94	27.02.2024		110%
	, 2010 (14),							-
100m		24.	1:07.68	290	1:05.00			92%
200m		16.	2:37.62	250	2:25.50			85%
100m		13.	1:14.54	272	1:13.50			97%
	, 2012 (12),							96
100m		7.	1:08.60	279	NT			-
800m		4.	10:33.36	343	NT			-
100m		4.	1:22.41	194	NT			-
200m		4.	2:56.85	238	NT			-
	, 2010 (14),							2
100m		20.	1:14.39	308	1:15.45	27.02.2024		103%
200m		14.	2:41.39	319	2:50.11	18.05.2024		111%
	, 2009 (15),							4
50m		18.	27.91	376	29.10	18.05.2024		109%
400m		5.	4:36.92	450	4:40.27	27.02.2024		102%
800m		7.	9:31.71	466	10:01.88	27.02.2024		111%
200m		5.	2:33.67	363	2:38.00			106%
	, 2010 (14),							2
100m		6.	1:02.31	524	1:02.69			101%
200m		7.	2:15.77	536	2:17.80			103%
	, 2010 (14),							2
50m		16.	27.83	380	28.28	05.04.2024		103%
200m		9.	2:14.93	399	2:16.73			103%
	, 2005 (19),							-
800m		3.	8:31.91	649	8:30.00			99%
	, 2009 (15),							2
50m		3.	29.18	485	29.42	05.04.2024		102%
100m		9.	1:04.42	474	1:08.58	27.02.2024		113%
	, 2013 (11),							3
200m		8.	2:29.98	290	2:34.74	18.05.2024		106%
400m		7.	5:16.39	301	5:20.00			102%
800m		6.	10:47.63	320	11:00.24			104%
	, 2012 (12),							4
100m		6.	1:10.26	365	1:11.32	18.05.2024		103%
800m		2.	11:08.81	363	11:09.84	05.04.2024		100%
100m		2.	1:22.50	281	1:24.17	27.02.2024		104%
200m		3.	2:57.00	326	3:03.45	27.02.2024		107%
	, 2005 (19),							1
800m		2.	8:14.14	722	8:20.00			102%
	, 2009 (15),							2
400m		8.	4:47.19	403	4:50.00			102%
200m		2.	2:44.57	389	2:45.01			101%
	, 2007 (17),							1
800m		1.	10:17.35	462	10:30.00			104%
	, 2009 (15),							3
50m		4.	29.34	477	29.86	27.02.2024		104%
800m		5.	9:43.04	549	9:45.00			101%
100m		1.	1:12.22	643	1:13.17	29.10.2023		103%
200m		1.	2:35.02	654	2:32.73	19.11.2023		97%
	, 2009 (15),							3
50m		2.	28.76	506	28.63	05.10.2023		99%
200m		2.	2:08.39	634	2:08.50			100%
400m		1.	4:31.39	619	4:34.12	21.04.2024		102%
800m		1.	9:18.43	624	9:20.20			101%





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200m	1.	2:07.10	574	2:08.17		102%	
200m	1.	2:12.10	571	2:11.84		100%	
		, 2009 (15)					3
200m	13.	2:24.15	327	2:24.52	18.05.2024	101%	
400m	9.	4:57.59	362	5:02.54	27.02.2024	103%	
800m	12.	10:13.47	377	10:27.19	27.02.2024	105%	
		, 2009 (15)					1
100m	3.	1:17.52	520	1:17.98	05.04.2024	101%	
100m	5.	1:09.45	471	1:09.00		99%	
		, 2011 (13)					1
50m	10.	36.56	246	36.19	18.05.2024	98%	
100m	15.	1:20.07	247	1:20.88	18.05.2024	102%	
		, 2009 (15)					3
100m	1.	57.24	676	59.00		106%	
200m	1.	2:05.76	674	2:08.50		104%	
800m	2.	9:30.14	587	9:25.00		98%	
100m	1.	1:01.26	686	1:01.50		101%	
		, 2010 (14)					2
100m	8.	1:19.03	342	1:19.15	05.04.2024	100%	
200m	8.	2:52.21	339	2:52.90		101%	
		, 2015 (9)					2
50m	3.	41.11	173	40.50		97%	
100m	5.	1:33.26	156	1:40.00		115%	
200m	3.	3:15.97	178	3:34.00		119%	
		, 2010 (14)					3
200m	10.	2:17.43	378	2:18.00		101%	
400m	7.	4:45.92	409	4:58.00		109%	
800m	9.	9:48.71	427	10:10.78		108%	
		, 2009 (15)					-
200m	4.	2:01.99	540	2:01.58		99%	
400m	4.	4:23.73	521	4:22.46		99%	
800m	5.	9:02.48	546	9:00.41		99%	
		, 2007 (17)					1
800m	2.	8:28.80	661	8:30.25		101%	
		, 2013 (11)					-
100m	11.	1:30.62	151	1:20.00		78%	
100m	3.	1:30.23	229	1:27.20		93%	
200m	3.	3:16.52	228	3:00.20		84%	
		, 2010 (14)					-
800m	13.	10:19.57	366	10:05.76		96%	
100m	9.	1:19.49	336	1:16.13		92%	
200m	4.	2:48.92	359	2:44.95		95%	
		, 2010 (14)					1
50m	7.	25.81	476	25.95		101%	
100m	3.	56.28	505	56.15	05.04.2024	100%	
		, 2010 (14)					-
200m	12.	2:32.82	376	2:27.14		93%	
400m	4.	5:17.62	386	5:15.27		99%	
800m	11.	11:01.91	375	10:37.00		93%	
		, 2010 (14)					2
100m	27.	1:11.62	245	1:08.00		90%	
200m	15.	2:36.40	256	2:40.00		105%	
800m	18.	11:23.14	273	11:59.00		111%	
		, 2010 (14)					2
400m	10.	5:06.56	331	4:56.00		93%	
800m	10.	10:06.49	390	10:12.88		102%	
100m	11.	1:13.17	288	1:17.61		113%	
		, 2010 (14)					1
800m	16.	11:06.70	294	11:10.13		101%	
		.					137





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	, 2012 (12),	11.	1:26.93	251	1:27.50		101%	2
100m		14.	3:06.37	259	3:06.50		100%	
200m	, 2014 (10),	1.	1:45.62	205	1:43.76	05.04.2024	97%	-
100m		2.	3:50.94	197	3:49.59		99%	
200m	, 2013 (11),	12.	3:28.93	129	3:27.53		99%	-
100m	, 2011 (13),	6.	1:08.44	281	1:11.28		108%	1
50m	, 2011 (13),	1.	29.81	455	30.63	05.04.2024	106%	1
100m	, 2012 (12),	4.	1:08.99	386	1:07.35		95%	
100m	, 2012 (12),	10.	1:38.96	250	1:31.93		86%	1
200m	, 2014 (10),	9.	3:28.20	270	3:30.62		102%	
100m	, 2012 (12),	3.	1:40.30	163	1:38.96	05.04.2024	97%	1
200m		4.	3:31.78	177	3:34.47		103%	
50m	, 2012 (12),	2.	30.07	443	30.52	05.04.2024	103%	2
100m		2.	1:06.60	429	1:06.78	05.04.2024	101%	
200m		5.	2:35.19	359	2:30.00		93%	
100m	, 2012 (12),	17.	1:13.77	224	1:18.60	05.04.2024	114%	3
200m		14.	2:37.20	252	2:42.34		107%	
800m		12.	11:36.02	258	12:11.94	05.04.2024	111%	
50m	, 2009 (15),	11.	26.56	437	26.18	05.04.2024	97%	-
50m	, 2015 (9),	13.	40.89	119	41.29	18.05.2024	102%	1
100m		13.	1:33.46	110	1:29.97	05.04.2024	93%	
100m	, 2012 (12),	6.	1:38.96	116	1:36.25		95%	
50m		1.	28.57	351	29.50		107%	2
100m		1.	1:01.99	378	1:02.50		102%	
200m		1.	2:16.20	388	2:15.00		98%	
100m	, 2011 (13),	29.	1:21.57	166	1:29.43		120%	2
200m		22.	2:56.57	178	2:57.61		101%	
50m	, 2013 (11),	7.	32.00	250	34.67		117%	4
100m		15.	1:12.59	235	1:15.19	05.04.2024	107%	
400m		11.	5:48.29	226	6:19.44		119%	
800m		15.	12:13.99	220	12:40.26		107%	
100m	, 2014 (10),	7.	1:40.26	112	1:47.05		114%	2
200m		6.	3:33.56	121	3:45.00		111%	
100m	, 2010 (14),	17.	1:04.43	337	1:05.00		102%	1
100m		7.	1:14.11	267	1:10.00		89%	
50m	, 2015 (9),	9.	38.32	145	38.73		102%	1
100m		9.	1:30.61	121	NT		-	
50m	, 2013 (11),	18.	35.35	185	32.00		82%	1
100m		20.	1:15.49	209	1:16.92	05.04.2024	104%	
200m		18.	2:44.30	221	2:42.00		97%	





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	, 2010 (14),	10.	1:01.60	385	1:06.00		115%	2
100m		7.	1:10.47	322	1:11.00		102%	
100m	, 2009 (15),	12.	1:06.83	425	1:06.00		98%	-
200m		10.	2:25.87	432	2:24.00		97%	
	, 2014 (10),	7.	38.07	148	39.00		105%	2
50m		2.	1:37.32	183	1:36.43	05.04.2024	98%	
100m		2.	3:24.36	203	3:29.00		105%	
200m	, 2012 (12),	9.	1:13.52	319	1:10.00		91%	-
100m	, 2012 (12),	4.	1:06.86	301	1:05.50		96%	-
100m		3.	1:14.46	264	1:14.00		99%	
	, 2010 (14),	9.	1:25.66	385	1:25.77	05.04.2024	100%	2
100m		5.	2:59.06	424	3:08.46		111%	
200m	, 2014 (10),	12.	1:32.81	112	1:29.69	05.04.2024	93%	-
100m		6.	1:47.01	137	1:46.15	05.04.2024	98%	
100m		6.	3:51.60	139	3:48.06		97%	
200m	, 2014 (10),	2.	1:22.65	224	1:21.95	18.05.2024	98%	1
100m		2.	2:54.71	251	3:01.53		108%	
100m		4.	1:57.63	148	NT		-	
	, 2012 (12),	9.	32.97	228	32.00		94%	-
50m		16.	1:13.51	226	1:12.50		97%	
100m		16.	2:40.06	239	2:37.00		96%	
200m	, 2012 (12),	25.	1:18.98	182	1:23.00		110%	3
100m		6.	1:43.71	151	1:45.00		103%	
100m		5.	3:33.58	178	3:34.42		101%	
200m	, 2011 (13),	9.	11:18.50	279	11:25.63	05.04.2024	102%	3
800m		5.	1:16.62	250	1:21.73	05.04.2024	114%	
100m		5.	2:47.83	249	2:55.00		109%	
200m	, 2012 (12),	21.	36.30	171	38.67		113%	2
50m		31.	1:22.10	162	1:23.00		102%	
100m	, 2010 (14),	11.	1:31.19	319	1:29.27	05.04.2024	96%	-
	, 2011 (13),	4.	30.96	276	30.00		94%	-
50m		5.	1:07.34	295	1:05.50		95%	
100m		6.	2:29.41	294	2:25.00		94%	
200m	, 2009 (15),	2.	59.06	615	58.98	05.10.2023	100%	1
100m		2.	4:39.26	568	4:40.16	18.03.2024	101%	
400m	, 2009 (15),	8.	2:22.17	467	2:21.45		99%	1
200m		9.	10:18.60	459	10:05.32		96%	
800m		3.	1:07.50	537	1:07.22	05.04.2024	99%	
100m		3.	2:22.65	579	2:28.78	21.04.2024	109%	
200m	, 2014 (10),	4.	1:45.26	144	1:48.63	18.05.2024	107%	1
100m		5.	3:47.85	146	NT		-	
200m								





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	, 2013 (11),							3
100m		18.	1:13.96	222	1:13.62	05.04.2024	99%	
200m		9.	2:32.38	277	2:35.30		104%	
400m		6.	5:14.68	306	5:25.00		107%	
800m		5.	10:41.05	330	10:57.43	05.04.2024	105%	
	, 2011 (13),							-
50m		5.	31.57	383	30.00		90%	
100m		3.	1:07.92	404	1:06.25		95%	
	, 2013 (11),							3
100m		9.	1:37.08	265	1:40.44		107%	
200m		8.	3:26.79	275	3:33.02		106%	
200m		9.	3:12.46	253	3:23.59		112%	
	, 2013 (11),							-
200m		3.	2:19.08	364	2:15.00		94%	
400m		4.	5:01.29	349	4:50.00		93%	
800m		2.	10:03.23	397	10:00.00		99%	
	, 2009 (15),							1
50m		15.	27.69	385	27.09	05.04.2024	96%	
100m		9.	1:12.89	291	1:13.67	05.10.2023	102%	
200m		1.	2:26.80	531	2:27.00		100%	
	, 2012 (12),							2
50m		19.	35.69	180	35.24		97%	
100m		26.	1:19.27	180	1:20.32		103%	
200m		21.	2:54.42	184	3:01.27		108%	
	, 2011 (13),							1
100m		10.	1:28.26	164	1:28.32	05.04.2024	100%	
200m		9.	3:05.71	184	3:04.86		99%	
	, 2014 (10),							2
200m		3.	2:56.87	177	3:01.53		105%	
400m		2.	6:08.22	191	6:38.38		117%	
200m		3.	3:08.84	175	3:07.41		98%	
	, 2014 (10),							1
50m		9.	38.32	145	40.00		109%	
200m		5.	3:25.52	135	3:20.00		95%	
100m		5.	1:44.68	95	1:38.00		88%	
	, 2014 (10),							-
50m		16.	43.56	99	41.20		89%	
	, 2014 (10),							2
50m		8.	38.26	146	38.00		99%	
100m		4.	1:23.38	155	1:26.00		106%	
200m		7.	3:07.63	148	3:10.00		103%	
	, 2011 (13),							1
200m		19.	2:46.65	212	2:53.20		108%	
200m		10.	3:08.01	177	3:07.24		99%	
	, 2010 (14),							2
50m		7.	30.00	446	30.60		104%	
100m		10.	1:25.92	382	1:25.00		98%	
200m		4.	2:43.49	414	2:47.57		105%	
	, 2013 (11),							3
50m		8.	32.10	247	32.64		103%	
100m		11.	1:10.24	260	1:10.75	05.04.2024	101%	
800m		10.	11:19.21	278	11:39.88	27.02.2024	106%	
100m		7.	1:25.24	176	1:24.00		97%	
	, 2013 (11),							1
50m		20.	35.98	175	40.00		124%	
100m		34.	1:25.28	145	1:25.10		100%	
	, 2014 (10),							1
100m		5.	1:23.50	154	1:26.41		107%	
100m		5.	1:44.68	95	1:42.64	05.04.2024	96%	





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200m		5.	3:26.47	149	3:22.79	05.04.2024	96%	
	, 2009 (15),							4
50m		1.	24.11	584	24.65	05.04.2024	105%	
100m		1.	53.46	590	54.20	05.04.2024	103%	
200m		2.	1:59.64	572	2:05.64	21.04.2024	110%	
800m		1.	8:50.34	584	9:20.16		112%	
	, 2013 (11),							1
50m		23.	38.79	140	40.11		107%	
100m		12.	1:36.49	125	NT		-	
200m		11.	3:21.18	144	NT		-	
	, 2014 (10),							1
50m		7.	46.31	121	49.04		112%	
100m		6.	2:00.65	94	1:52.00		86%	
	, 2014 (10),							-
100m		9.	1:57.53	104	NT		-	
100m		2.	1:33.88	131	1:32.70	05.04.2024	98%	
200m		4.	3:24.97	153	3:24.32		99%	
	, 2014 (10),							2
200m		4.	3:00.25	167	3:14.33		116%	
100m		3.	1:35.61	124	1:38.00		105%	
	, 2013 (11),							-
50m		2.	28.91	339	28.81	05.04.2024	99%	
100m		2.	1:03.03	360	1:02.00		97%	
	, 2012 (12),							2
100m		6.	1:18.60	232	1:19.18	18.05.2024	101%	
200m		2.	2:38.82	294	2:41.09		103%	
	, 2010 (14),							1
800m		19.	13:06.65	179	13:00.00		98%	
100m		15.	1:24.84	184	1:29.09		110%	
	, 2009 (15),							1
100m		7.	56.94	488	56.00		97%	
200m		7.	2:04.06	513	2:06.06	18.05.2024	103%	
	, 2013 (11),							3
50m		11.	33.34	221	35.00		110%	
800m		11.	11:21.14	275	11:05.56	05.04.2024	95%	
100m		2.	1:30.18	230	1:35.98	27.02.2024	113%	
200m		3.	2:53.56	252	2:56.96	18.05.2024	104%	
	, 2015 (9),							2
50m		15.	41.82	112	46.53		124%	
100m		16.	1:40.28	89	1:46.32		112%	
100m		10.	2:01.96	93	NT		-	
	, 2010 (14),							2
50m		9.	25.84	474	26.50		105%	
400m		2.	4:12.02	597	4:20.00		106%	

