

СТАНИСЛАВА ЛОПУХОВА



УЛ. ЛЕНИНА Д.57
«ДВОРЕЦ СПОРТА «ЦЕНТРАЛЬНЫЙ»»

13-15 МАЯ 2026
КАЛУГА



7
13.05.2026 - 12:44

, 400m

10 - 15

: AQUA 2025

14 - 15

1.				12	"	"	"		4:16.00	I	569	
	50m:	29.51	29.51	150m:	1:34.65	32.79	250m:	2:40.03	32.40	350m:	3:45.07	32.64
	100m:	1:01.86	32.35	200m:	2:07.63	32.98	300m:	3:12.43	32.40	400m:	4:16.00	30.93
2.				11	"	"	"		4:21.41	I	535	
	50m:	29.49	29.49	150m:	1:34.13	32.71	250m:	2:40.61	33.27	350m:	3:47.82	33.82
	100m:	1:01.42	31.93	200m:	2:07.34	33.21	300m:	3:14.00	33.39	400m:	4:21.41	33.59
3.				11	"	"	"		4:25.34	II	511	
	50m:	29.71	29.71	150m:	1:35.07	33.26	250m:	2:43.09	34.55	350m:	3:52.26	34.47
	100m:	1:01.81	32.10	200m:	2:08.54	33.47	300m:	3:17.79	34.70	400m:	4:25.34	33.08
4.				12	"	"	"		4:26.03	II	507	
	50m:	30.05	30.05	150m:	1:36.61	33.89	250m:	2:44.92	34.14	350m:	3:53.27	34.03
	100m:	1:02.72	32.67	200m:	2:10.78	34.17	300m:	3:19.24	34.32	400m:	4:26.03	32.76
5.				11	"	"	"		4:59.87	II	354	
	50m:	34.05	34.05	150m:	1:49.84	38.56	250m:	3:07.37	38.90	350m:	4:24.45	38.22
	100m:	1:11.28	37.23	200m:	2:28.47	38.63	300m:	3:46.23	38.86	400m:	4:59.87	35.42
6.				11	"	"	"		5:10.90	III	318	
	50m:	32.50	32.50	150m:	1:51.36	39.74	250m:	3:13.96	41.93	350m:	4:33.96	38.89
	100m:	1:11.62	39.12	200m:	2:32.03	40.67	300m:	3:55.07	41.11	400m:	5:10.90	36.94
7.				11	"	"	"		5:19.17	III	294	
	50m:	34.24	34.24	150m:	1:52.72	39.77	250m:	3:15.55	41.82	350m:	4:40.35	42.45
	100m:	1:12.95	38.71	200m:	2:33.73	41.01	300m:	3:57.90	42.35	400m:	5:19.17	38.82
8.				11	"	"	"		5:32.80	III	259	
	50m:	35.33	35.33	150m:	1:55.47	41.56	250m:	3:22.57	43.78	350m:	4:51.09	43.54
	100m:	1:13.91	38.58	200m:	2:38.79	43.32	300m:	4:07.55	44.98	400m:	5:32.80	41.71
9.				12	"	"	"		5:34.24	III	256	
	50m:	36.36	36.36	150m:	2:00.10	42.33	250m:	3:25.98	42.90	350m:	4:53.09	43.92
	100m:	1:17.77	41.41	200m:	2:43.08	42.98	300m:	4:09.17	43.19	400m:	5:34.24	41.15
10.				12	"	"	"		5:50.24	1	222	
	50m:	36.61	36.61	150m:	2:04.09	44.65	250m:	3:34.91	46.80	350m:	5:06.22	44.82
	100m:	1:19.44	42.83	200m:	2:48.11	44.02	300m:	4:21.40	46.49	400m:	5:50.24	44.02

12 - 13

1.				13	"	"	"		4:18.21	I	555	
	50m:	28.60	28.60	150m:	1:32.84	32.43	250m:	2:39.67	33.60	350m:	3:46.25	33.35
	100m:	1:00.41	31.81	200m:	2:06.07	33.23	300m:	3:12.90	33.23	400m:	4:18.21	31.96
2.				13	"	"	"		4:18.97	I	550	
	50m:	29.78	29.78	150m:	1:34.81	32.88	250m:	2:41.27	33.27	350m:	3:47.96	33.53
	100m:	1:01.93	32.15	200m:	2:08.00	33.19	300m:	3:14.43	33.16	400m:	4:18.97	31.01
3.				13	"	"	"		4:43.38	II	420	
	50m:	32.23	32.23	150m:	1:43.78	36.00	250m:	2:55.48	35.80	350m:	4:08.55	36.27
	100m:	1:07.78	35.55	200m:	2:19.68	35.90	300m:	3:32.28	36.80	400m:	4:43.38	34.83

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7,	, 400m		, 12 - 13									
4.			13	"	"	"			4:51.64	II	385	
	50m:	31.57	31.57	150m:	1:43.49	36.55	250m:	2:58.97	38.01	350m:	4:15.05	38.07
	100m:	1:06.94	35.37	200m:	2:20.96	37.47	300m:	3:36.98	38.01	400m:	4:51.64	36.59
5.			13	"	"	"			4:57.43	II	363	
	50m:	34.27	34.27	150m:	1:50.88	38.19	250m:	3:07.43	38.21	350m:	4:23.00	37.70
	100m:	1:12.69	38.42	200m:	2:29.22	38.34	300m:	3:45.30	37.87	400m:	4:57.43	34.43
6.			13	"	"	"			4:59.00	II	357	
	50m:	33.92	33.92	150m:	1:49.81	38.54	250m:	3:07.74	38.65	350m:	4:23.55	37.33
	100m:	1:11.27	37.35	200m:	2:29.09	39.28	300m:	3:46.22	38.48	400m:	4:59.00	35.45
7.			14	"	"	"			5:15.98	III	303	
	50m:	33.29	33.29	150m:	1:50.75	40.33	250m:	3:13.22	41.93	350m:	4:36.49	41.42
	100m:	1:10.42	37.13	200m:	2:31.29	40.54	300m:	3:55.07	41.85	400m:	5:15.98	39.49
8.			13	"	"	"			5:28.83	III	268	
	50m:	36.59	36.59	150m:	2:00.33	42.68	250m:	3:25.10	42.68	350m:	4:50.48	42.30
	100m:	1:17.65	41.06	200m:	2:42.42	42.09	300m:	4:08.18	43.08	400m:	5:28.83	38.35
9.			13	"	"	"			5:32.63	III	259	
	50m:	36.49	36.49	150m:	2:02.06	43.34	250m:	3:29.39	43.56	350m:	4:56.77	44.13
	100m:	1:18.72	42.23	200m:	2:45.83	43.77	300m:	4:12.64	43.25	400m:	5:32.63	35.86
10.			14	"	"	"			5:34.38	III	255	
	50m:	37.14	37.14	150m:	2:01.52	42.42	250m:	3:27.73	43.21	350m:	4:54.71	43.25
	100m:	1:19.10	41.96	200m:	2:44.52	43.00	300m:	4:11.46	43.73	400m:	5:34.38	39.67
11.			14	"	"	"			5:35.51	III	253	
	50m:	35.93	35.93	150m:	2:05.08	46.65	250m:	3:32.08	45.20	350m:	4:57.69	42.52
	100m:	1:18.43	42.50	200m:	2:46.88	41.80	300m:	4:15.17	43.09	400m:	5:35.51	37.82
12.			14	"	"	"			5:36.35	III	251	
	50m:	39.18	39.18	150m:	2:06.28	44.11	250m:	3:32.63	42.32	350m:	4:57.71	42.36
	100m:	1:22.17	42.99	200m:	2:50.31	44.03	300m:	4:15.35	42.72	400m:	5:36.35	38.64
13.			14	"	"	"			5:40.67	III	241	
	50m:	37.46	37.46	150m:	2:02.40	43.46	250m:	3:31.45	44.65	350m:	4:59.39	43.91
	100m:	1:18.94	41.48	200m:	2:46.80	44.40	300m:	4:15.48	44.03	400m:	5:40.67	41.28
14.			13	"	"	"			5:42.94	1	237	
	50m:	38.87	38.87	150m:	2:07.40	44.63	250m:	3:35.47	43.94	350m:	5:03.58	43.30
	100m:	1:22.77	43.90	200m:	2:51.53	44.13	300m:	4:20.28	44.81	400m:	5:42.94	39.36
15.			14	"	"	"			5:54.03	1	215	
	50m:	38.23	38.23	150m:	2:10.72	46.24	250m:	3:42.86	46.99	350m:	5:14.01	45.91
	100m:	1:24.48	46.25	200m:	2:55.87	45.15	300m:	4:28.10	45.24	400m:	5:54.03	40.02
16.			13	"	"	"			5:58.13	1	208	
	50m:	37.62	37.62	150m:	2:07.30	46.21	250m:	3:40.58	46.48	350m:	5:13.39	45.60
	100m:	1:21.09	43.47	200m:	2:54.10	46.80	300m:	4:27.79	47.21	400m:	5:58.13	44.74
17.			14	"	"	"			6:00.43	1	204	
	50m:	40.83	40.83	150m:	2:16.19	47.78	250m:	3:49.75	46.03	350m:	5:19.01	44.56
	100m:	1:28.41	47.58	200m:	3:03.72	47.53	300m:	4:34.45	44.70	400m:	6:00.43	41.42
18.			14	"	"	"			6:03.49	1	199	
	50m:	40.25	40.25	150m:	2:13.64	47.64	250m:	3:46.23	47.04	350m:	5:19.41	46.38
	100m:	1:26.00	45.75	200m:	2:59.19	45.55	300m:	4:33.03	46.80	400m:	6:03.49	44.08

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13-15 МАЯ 2026
КАЛУГА



7, , 400m

10 - 11

1.			15	"	"	"		5:18.97	III	294		
	50m:	36.61	36.61	150m:	1:58.94	41.80	250m:	3:21.87	41.31	350m:	4:42.55	39.94
	100m:	1:17.14	40.53	200m:	2:40.56	41.62	300m:	4:02.61	40.74	400m:	5:18.97	36.42
2.			15	"	"	"		5:31.16	III	263		
	50m:	37.19	37.19	150m:	2:01.62	42.07	250m:	3:26.92	41.82	350m:	4:51.73	42.66
	100m:	1:19.55	42.36	200m:	2:45.10	43.48	300m:	4:09.07	42.15	400m:	5:31.16	39.43
3.			16	"	"	"		5:38.15	III	247		
	50m:	38.18	38.18	150m:	2:05.66	44.37	250m:	3:31.81	42.67	350m:	4:57.40	42.33
	100m:	1:21.29	43.11	200m:	2:49.14	43.48	300m:	4:15.07	43.26	400m:	5:38.15	40.75
4.			15	"	"	"		5:40.29	III	242		
	50m:	38.40	38.40	150m:	2:05.28	43.56	250m:	3:32.51	43.71	350m:	4:59.96	42.95
	100m:	1:21.72	43.32	200m:	2:48.80	43.52	300m:	4:17.01	44.50	400m:	5:40.29	40.33
5.			15	"	"	"		5:56.91	1	210		
	50m:	41.32	41.32	150m:	2:13.43	46.54	250m:	3:46.86	46.91	350m:	5:17.44	44.63
	100m:	1:26.89	45.57	200m:	2:59.95	46.52	300m:	4:32.81	45.95	400m:	5:56.91	39.47
6.			16	"	"	"		5:57.86	1	208		
	50m:	42.67	42.67	150m:	2:14.66	46.55	250m:	3:47.33	46.34	350m:	5:18.73	45.32
	100m:	1:28.11	45.44	200m:	3:00.99	46.33	300m:	4:33.41	46.08	400m:	5:57.86	39.13
7.			15	"	"	"		6:07.53	1	192		
	50m:	41.10	41.10	150m:	2:14.74	47.16	250m:	3:49.92	47.24	350m:	5:22.90	45.49
	100m:	1:27.58	46.48	200m:	3:02.68	47.94	300m:	4:37.41	47.49	400m:	6:07.53	44.63
8.			15	"	"	"		6:16.77	1	178		
	50m:	40.32	40.32	150m:	2:16.76	49.36	250m:	3:55.03	49.76	350m:	5:31.28	49.24
	100m:	1:27.40	47.08	200m:	3:05.27	48.51	300m:	4:42.04	47.01	400m:	6:16.77	45.49
9.			15	"	"	"		6:19.35	1	175		
	50m:	43.88	43.88	150m:	2:20.57	48.54	250m:	3:58.83	49.21	350m:	5:35.72	48.43
	100m:	1:32.03	48.15	200m:	3:09.62	49.05	300m:	4:47.29	48.46	400m:	6:19.35	43.63

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