

ОБЛАСТНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ «ОСЕННИЕ СТАРТЫ»



КАЛУГА 17-18 октября 2025

25
, 17. - 18.10.2025

							%	PB	
-									
	"	"	"					20	
50m	,	,	2016 (9)					-	
				WDR	-	41.58	04.04.2025	-	
200m	,	,	2015 (10)					-	
50m				13.	2:56.46	-	2:49.00	01.01.1000	92%
				5.	44.40	-	39.00	01.01.1000	77%
50m	,	,	2016 (9)					2	
200m				7.	36.73	-	38.26	19.05.2025	109%
50m				12.	2:55.80	-	3:01.07	19.05.2025	106%
200m	,	,	2015 (10)					-	
50m				14.	2:57.79	-	2:50.00	01.01.1000	91%
				6.	41.77	-	38.00	01.01.1000	83%
50m	,	,	2015 (10)					-	
200m				19.	39.10	-	37.00	01.01.1000	90%
50m				18.	3:01.92	-	2:57.00	01.01.1000	95%
200m	,	,	2015 (10)					-	
50m				10.	36.92	-	35.50	01.01.1000	92%
200m				25.	3:12.07	-	2:53.00	01.01.1000	81%
50m	,	,	2015 (10)					-	
200m				4.	34.53	-	33.50	01.01.1000	94%
50m				7.	2:49.65	-	2:42.00	01.01.1000	91%
200m	,	,	2015 (10)					-	
50m				7.	37.51	-	36.00	01.01.1000	92%
200m				10.	3:01.26	-	3:00.00	01.01.1000	99%
50m	,	,	2014 (11)					-	
200m				WDR		-	33.50		-
50m	,	,	2015 (10)					-	
200m				8.	36.87	-	35.00	01.01.1000	90%
50m				19.	3:02.01	-	2:53.00	01.01.1000	90%
200m	,	,	2014 (11)					1	
50m				16.	31.48	-	32.50	01.01.1000	107%
400m				21.	5:31.76	-	5:30.00	01.01.1000	99%
50m	,	,	2014 (11)					-	
400m				26.	34.53	-	34.00	01.01.1000	97%
50m				28.	5:54.90	-	5:40.00	01.01.1000	92%
200m	,	,	2015 (10)					-	
50m				18.	3:17.97	-	3:04.00	01.01.1000	86%
200m				3.	47.78	-	46.00	01.01.1000	93%
50m	,	,	2014 (11)					-	
400m				12.	33.23	-	33.00	01.01.1000	99%
50m				16.	5:50.49	-	5:49.00	01.01.1000	99%
200m	,	,	2015 (10)					-	
50m				13.	39.42	-	35.00	01.01.1000	79%
200m				14.	3:13.03	-	2:57.00	01.01.1000	84%
200m	,	,	2015 (10)					1	
50m				11.	2:55.60	-	2:58.51	19.06.2025	103%
200m				8.	42.79	-	38.00	01.01.1000	79%
50m	,	,	2015 (10)					1	
200m				6.	2:55.89	-	2:50.00	01.01.1000	93%
50m				1.	45.47	-	46.46	19.06.2025	104%
200m	,	,	2016 (9)					-	
50m				8.	3:00.13	-	2:58.00	01.01.1000	98%
200m				3.	49.77	-	48.00	01.01.1000	93%
200m	,	,	2015 (10)					1	
50m				2.	2:50.56	-	2:50.00	01.01.1000	99%
200m				1.	39.60	-	42.88	19.06.2025	117%
50m	,	,	2014 (11)					1	
400m				3.	30.48	-	31.44	19.05.2025	106%
50m				8.	5:29.12	-	5:29.00	01.01.1000	100%
800m	,	,	2010 (15)					2	
50m				1.	25.26	-	25.75	04.06.2025	104%
800m				10.	10:24.18	-	10:30.00	01.01.1000	102%

ОБЛАСТНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ «ОСЕННИЕ СТАРТЫ»



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, 17. - 18.10.2025

400m				40.	6:10.25	-	5:51.00	01.01.1000	90%	-
50m				11.	40.98	-	38.00	01.01.1000	86%	-
200m				5.	2:45.17	-	2:51.11	19.06.2025	107%	2
50m				5.	40.54	-	42.01	19.06.2025	107%	2
50m				17.	35.15	-	37.60	19.05.2025	114%	2
400m				20.	5:57.77	-	6:05.00	01.01.1000	104%	1
50m				7.	27.72	-	29.00	01.01.1000	109%	1
1500m				14.	20:19.28	-	20:18.00	01.01.1000	100%	1
200m				3.	2:51.60	-	2:50.00	01.01.1000	98%	1
50m				1.	41.34	-	42.00	01.01.1000	103%	-
50m				11.	37.12	-	36.00	01.01.1000	94%	-
200m				15.	2:58.61	-	2:52.00	01.01.1000	93%	-
50m				3.	33.46	-	33.00	01.01.1000	97%	-
200m				8.	2:50.52	-	2:48.00	01.01.1000	97%	-
200m				16.	3:01.59	-	2:54.00	01.01.1000	92%	-
50m				10.	43.76	-	41.00	01.01.1000	88%	1
400m				20.	5:30.35	-	5:38.00	01.01.1000	105%	1
50m				6.	41.54	-	40.00	01.01.1000	93%	1
50m				3.	25.74	-	25.44	16.09.2025	98%	1
800m				9.	10:12.99	-	10:45.00	01.01.1000	111%	1
50m				1.	28.38	-	28.03	16.09.2025	98%	1
50m				1.	35.30	-	37.20	19.06.2025	111%	1
200m				7.	2:59.58	-	2:56.00	01.01.1000	96%	1
200m				5.	2:55.82	-	2:50.00	01.01.1000	93%	1
50m				2.	39.77	-	42.09	04.04.2025	112%	1
50m				11.	33.17	-	34.17	04.04.2025	106%	1
400m				18.	5:54.54	-	NT	01.01.1000	-	8
800m				3.	9:12.95	-	8:59.69	19.05.2025	95%	1
800m				12.	10:57.67	-	11:00.00		101%	-
800m				8.	10:12.10	-	9:59.15	19.05.2025	96%	-
1500m				9.	18:33.55	-	17:52.54	17.03.2025	93%	-
1500m				7.	18:00.82	-	17:40.00		96%	-
200m				1.	2:48.04	-	2:55.59	19.06.2025	109%	1
200m				4.	2:43.61	-	2:46.25	19.06.2025	103%	1
200m				32.	3:24.72	-	3:50.20		126%	1
1500m				12.	19:34.82	-	19:00.00		94%	-
400m				32.	5:57.05	-	NT		-	-
50m				10.	39.11	-	36.05	01.01.1000	85%	-
50m				12.	43.94	-	40.05	01.01.1000	83%	-

ОБЛАСТНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ «ОСЕННИЕ СТАРТЫ»



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, 17. - 18.10.2025

400m	, 2012 (13),	42.	6:18.20	-	5:51.51	06.12.2024	86%	-
800m	, 2011 (14),	5.	9:28.78	-	9:38.24	04.04.2025	103%	1
200m	, 2016 (9),	31.	3:35.71	-	4:00.00		124%	1
400m	, 2013 (12),	14.	5:17.99	-	5:41.67	19.06.2025	115%	1
400m	, 2013 (12),	27.	5:54.34	-	5:40.00		92%	-
200m	, 2015 (10),	4.	2:51.94	-	2:46.00		93%	-
200m	, 2016 (9),	19.	3:18.73	-	3:28.39	19.06.2025	110%	1
1500m	, 2009 (16),	10.	19:05.42	-	17:40.00		86%	-
	" "							141
400m	, 2014 (11),	29.	6:32.88	-	6:44.32		106%	2
50m		3.	42.10	-	43.54	19.06.2025	107%	
50m	, 2016 (9),	24.	44.54	-	45.86	01.01.1000	106%	1
200m		43.	4:04.60	-	3:57.00	01.01.1000	94%	
50m		16.	53.38	-	50.76	01.01.1000	90%	
50m	, 2015 (10),	26.	42.28	-	43.56	01.01.1000	106%	1
200m		46.	3:58.27	-	3:49.00	01.01.1000	92%	
50m	, 2015 (10),	23.	44.49	-	43.56	01.01.1000	96%	1
200m		38.	3:42.67	-	3:49.00	01.01.1000	106%	
50m		15.	51.99	-	47.87	01.01.1000	85%	
50m	, 2007 (18),	3.	24.08	-	25.14	01.01.1000	109%	2
1500m		5.	17:31.89	-	18:12.34	01.01.1000	108%	
50m	, 2011 (14),	2.	28.26	-	29.31	16.09.2025	108%	1
800m		6.	11:25.41	-	11:16.38	19.05.2025	97%	
50m		2.	31.40	-	31.27	04.06.2025	99%	
50m	, 2015 (10),	34.	45.34	-	49.76	01.01.1000	120%	3
200m		41.	3:43.89	-	3:58.67	01.01.1000	114%	
50m		13.	49.10	-	50.58	01.01.1000	106%	
50m	, 2012 (13),	1.	28.37	-	28.00	01.01.1000	97%	-
400m		7.	5:28.60	-	5:10.10	01.01.1000	89%	
50m		2.	33.73	-	32.00	01.01.1000	90%	
50m	, 2008 (17),	1.	23.38	-	23.56	06.10.2025	102%	2
1500m		3.	17:13.02	-	16:50.00		96%	
50m		1.	25.44	-	26.00	01.01.1000	104%	
50m	, 2015 (10),	6.	35.49	-	35.97	19.05.2025	103%	2
200m		6.	2:48.92	-	3:02.05	18.10.2024	116%	
50m		2.	42.18	-	41.76	19.06.2025	98%	
50m	, 2012 (13),	3.	27.36	-	27.04	04.06.2025	98%	2
400m		3.	4:35.48	-	4:40.93	19.05.2025	104%	
50m		1.	30.24	-	31.00	01.01.1000	105%	
1500m	, 2008 (17),	2.	17:06.42	-	17:00.00	01.01.1000	99%	1
50m		1.	27.02	-	28.31	18.10.2024	110%	
50m		2.	26.10	-	25.77	04.06.2025	97%	
50m	, 2013 (12),	12.	30.97	-	30.00	01.01.1000	94%	2
400m		17.	5:19.11	-	5:40.00	01.01.1000	114%	
50m		9.	36.80	-	40.00	01.01.1000	118%	

ОБЛАСТНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ «ОСЕННИЕ СТАРТЫ»



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, 17. - 18.10.2025

50m	, 2010 (15)	5.	32.76	-	31.24	01.01.1000	91%	-
800m		3.	11:00.44	-	10:42.07	01.01.1000	95%	
50m		2.	39.11	-	38.57	06.10.2025	97%	
50m	, 2012 (13)	24.	32.99	-	33.55	19.05.2025	103%	2
400m		44.	6:20.35	-	6:29.00	01.01.1000	105%	
50m	, 2014 (11)	9.	32.58	-	33.60	01.01.1000	106%	3
400m		3.	5:11.92	-	5:19.59	01.01.1000	105%	
50m		8.	36.35	-	37.39	01.01.1000	106%	
50m	, 2016 (9)	17.	38.96	-	42.85	04.04.2025	121%	2
200m		30.	3:20.06	-	3:30.10	01.01.1000	110%	
50m	, 2012 (13)	6.	28.78	-	29.09	01.01.1000	102%	2
400m		7.	4:51.71	-	4:56.00	01.01.1000	103%	
50m		3.	36.42	-	36.00	01.01.1000	98%	
50m	, 2014 (11)	21.	32.34	-	34.52	19.05.2025	114%	3
400m		29.	5:55.10	-	6:13.11	01.01.1000	110%	
50m		9.	38.83	-	41.20	01.01.1000	113%	
50m	, 2015 (10)	WDR		-	34.00		-	-
50m		WDR		-	39.00	01.01.1000	-	
50m	, 2016 (9)	15.	39.77	-	38.00	01.01.1000	91%	1
200m		33.	3:36.18	-	3:45.00	01.01.1000	108%	
50m		14.	50.98	-	46.00	01.01.1000	81%	
50m	, 2016 (9)	12.	37.15	-	37.00	01.01.1000	99%	1
200m		10.	2:52.42	-	2:58.00	01.01.1000	107%	
50m		7.	42.44	-	41.00	01.01.1000	93%	
50m	, 2015 (10)	26.	46.06	-	47.81	01.01.1000	108%	2
200m		40.	3:43.03	-	3:56.00	01.01.1000	112%	
50m		12.	50.21	-	49.64	01.01.1000	98%	
50m	, 2015 (10)	22.	43.82	-	41.00	01.01.1000	88%	-
200m		36.	3:42.34	-	3:35.00	01.01.1000	94%	
50m		2.	49.62	-	49.00	01.01.1000	98%	
1500m	, 2009 (16)	WDR		-	19:00.08		-	-
50m		WDR		-	36.11	01.01.1000	-	
50m		WDR		-	29.20	04.06.2025	-	
50m	, 2009 (16)	2.	28.76	-	29.24	01.01.1000	103%	2
1500m		2.	19:38.10	-	19:30.56	01.01.1000	99%	
50m		1.	30.41	-	30.74	06.10.2025	102%	
400m	, 2013 (12)	35.	6:00.50	-	6:00.12	01.01.1000	100%	1
50m		2.	32.30	-	35.47	04.04.2025	121%	
50m	, 2013 (12)	9.	29.97	-	32.09	01.01.1000	115%	1
400m		5.	4:45.43	-	4:42.43	19.05.2025	98%	
50m		4.	34.88	-	34.69	04.06.2025	99%	
200m	, 2016 (9)	37.	3:42.52	-	3:52.06	01.01.1000	109%	1
50m		5.	44.48	-	44.02	01.01.1000	98%	
400m	, 2013 (12)	5.	5:22.26	-	5:30.07	01.01.1000	105%	2
50m		2.	41.52	-	39.26	01.01.1000	89%	
50m		5.	35.43	-	36.17	19.06.2025	104%	
50m	, 2016 (9)	21.	42.67	-	42.00	01.01.1000	97%	-
200m		41.	3:55.45	-	3:45.00		91%	
50m		10.	58.60	-	52.00	01.01.1000	79%	

ОБЛАСТНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ «ОСЕННИЕ СТАРТЫ»



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, 17. - 18.10.2025

50m	, 2013 (12),	13.	33.24	-	35.40	01.01.1000	113%	2
400m		33.	7:07.05	-	7:30.00	01.01.1000	111%	
" "								15
50m	, 2016 (9),	11.	38.71	-	40.21	01.01.1000	108%	2
200m		23.	3:26.73	-	3:42.50		116%	
50m	, 2014 (11),	8.	32.31	-	33.97	04.04.2025	111%	2
400m		17.	5:53.11	-	5:56.00		102%	
800m	, 2010 (15),	20.	12:17.65	-	11:30.30		88%	1
50m		2.	42.82	-	43.39	04.04.2025	103%	
50m	, 2015 (10),	2.	35.85	-	39.50	04.04.2025	121%	2
200m		15.	3:13.31	-	3:40.52		130%	
200m	, 2015 (10),	22.	3:23.71	-	3:40.52		117%	2
50m		4.	50.01	-	54.08	01.01.1000	117%	
800m	, 2010 (15),	14.	11:10.31	-	11:28.00		105%	1
50m		5.	30.40	-	30.39	01.01.1000	100%	
800m	, 2010 (15),	17.	11:56.35	-	11:29.00		93%	1
50m		1.	38.48	-	38.81	04.04.2025	102%	
200m	, 2016 (9),	29.	3:30.79	-	3:45.00		114%	2
50m		8.	45.44	-	47.23	01.01.1000	108%	
1500m	, 2009 (16),	3.	22:29.95	-	19:23.20		74%	-
50m		2.	33.44	-	33.00		97%	
50m	, 2016 (9),	27.	51.10	-	51.00	01.01.1000	100%	-
200m		45.	4:14.64	-	3:58.50		88%	
400m	, 2012 (13),	25.	5:48.54	-	5:52.32		102%	1
50m		9.	42.35	-	40.00	01.01.1000	89%	
50m	, 2013 (12),	4.	31.35	-	31.22	04.04.2025	99%	1
400m		14.	5:41.98	-	5:57.00		109%	
" "								38
50m	, 2012 (13),	2.	29.54	-	29.00	01.01.1000	96%	1
400m		6.	5:22.84	-	5:25.00		101%	
50m		3.	32.27	-	31.63	04.06.2025	96%	
200m	, 2015 (10),	26.	3:13.67	-	2:45.00		73%	-
50m		9.	43.00	-	41.97	04.04.2025	95%	
50m	, 2015 (10),	6.	37.42	-	38.50	01.01.1000	106%	2
200m		11.	3:02.12	-	3:08.60	19.05.2025	107%	
50m		6.	50.92	-	50.00	01.01.1000	96%	
50m	, 2013 (12),	19.	32.00	-	31.00	01.01.1000	94%	1
400m		12.	5:13.17	-	5:20.00		104%	
50m	, 2016 (9),	8.	37.86	-	40.00	01.01.1000	112%	2
200m		20.	3:21.80	-	3:25.00		103%	
50m		6.	45.06	-	42.00	01.01.1000	87%	
50m	, 2010 (15),	6.	26.76	-	27.50	01.01.1000	106%	2
800m		4.	9:26.67	-	9:35.00		103%	
50m		3.	30.35	-	29.50	01.01.1000	94%	

ОБЛАСТНЫЕ СОРЕВНОВАНИЯ ПО ПЛАВАНИЮ «ОСЕННИЕ СТАРТЫ»



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, 17. - 18.10.2025

50m	, 2016 (9)	16.	39.92	-	42.00	01.01.1000	111%	2
200m		12.	3:03.98	-	3:20.00		118%	
50m	, 2009 (16)	WDR		-	40.00	01.01.1000	-	-
50m		WDR		-	38.00	01.01.1000	-	-
50m	, 2010 (15)	4.	30.51	-	30.00	01.01.1000	97%	1
800m		2.	10:39.76	-	10:45.00		102%	
50m		1.	32.53	-	32.00	01.01.1000	97%	
50m	, 2016 (9)	9.	38.28	-	38.50	01.01.1000	101%	2
200m		16.	3:14.51	-	3:30.00		117%	
50m		2.	44.00	-	42.50	01.01.1000	93%	
50m	, 2013 (12)	14.	31.44	-	31.00	01.01.1000	97%	1
400m		18.	5:19.17	-	5:20.00		101%	
400m	, 2013 (12)	11.	5:33.21	-	5:50.00		110%	1
50m		7.	37.12	-	36.00	01.01.1000	94%	
50m		3.	33.88	-	33.78	04.06.2025	99%	
50m	, 2010 (15)	8.	27.21	-	28.00	01.01.1000	106%	2
800m		11.	10:42.50	-	10:05.00		89%	
50m		2.	29.73	-	30.00	01.01.1000	102%	
50m	, 2011 (14)	5.	26.43	-	26.99	04.04.2025	104%	1
800m		6.	9:54.71	-	9:42.31	04.04.2025	96%	
50m		3.	29.14	-	28.00	01.01.1000	92%	
50m	, 2014 (11)	7.	32.15	-	33.00	01.01.1000	105%	3
400m		12.	5:37.01	-	5:50.00		108%	
50m		8.	37.21	-	38.00	01.01.1000	104%	
400m	, 2013 (12)	2.	5:07.28	-	5:15.00		105%	2
50m		2.	32.20	-	32.00	01.01.1000	99%	
50m		1.	37.67	-	39.59	10.05.2025	110%	
50m	, 2015 (10)	3.	35.92	-	38.00	01.01.1000	112%	2
200m		9.	3:00.71	-	3:26.17	18.10.2024	130%	
50m		4.	44.29	-	43.00	01.01.1000	94%	
800m	, 2011 (14)	5.	11:16.92	-	10:45.00		91%	-
50m	, 2014 (11)	30.	35.41	-	33.72	19.05.2025	91%	1
400m		33.	5:57.78	-	5:35.00		88%	
50m		8.	41.87	-	44.12	18.10.2024	111%	
50m	, 2011 (14)	9.	27.80	-	29.00	01.01.1000	109%	2
800m		7.	9:55.23	-	10:00.00		102%	
50m		4.	30.96	-	30.78	16.09.2025	99%	
50m	, 2014 (11)	14.	33.75	-	33.00	01.01.1000	96%	1
400m		10.	5:32.62	-	5:45.00		108%	
50m	, 2011 (14)	WDR		-	29.00	01.01.1000	-	-
50m	, 2009 (16)	5.	25.84	-	25.50	01.01.1000	97%	1
1500m		8.	18:16.28	-	18:30.00		103%	
50m		2.	30.59	-	30.50	01.01.1000	99%	
400m	, 2013 (12)	9.	5:32.30	-	5:40.00		105%	2
50m		6.	36.96	-	38.35	04.04.2025	108%	
400m	, 2014 (11)	34.	5:58.26	-	5:45.00		93%	-
50m		10.	42.88	-	42.00	01.01.1000	96%	

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50m	, 2010 (15)	4.	26.06	-	25.50	01.01.1000	96%	2
800m		2.	9:05.17	-	9:30.00		109%	
50m		1.	28.31	-	28.50	01.01.1000	101%	
50m	, 2013 (12)	10.	32.61	-	33.00	01.01.1000	102%	2
400m		4.	5:15.07	-	5:25.00		106%	
50m		5.	42.75	-	40.00	01.01.1000	88%	
200m	, 2015 (10)	3.	2:38.35	-	2:49.05	18.10.2024	114%	1
50m		2.	37.15	-	36.00	01.01.1000	94%	
400m	, 2013 (12)	26.	5:48.65	-	5:30.00		90%	-
50m	, 2010 (15)	WDR		-	27.00	01.01.1000	-	-
50m		WDR		-	30.00	01.01.1000	-	-
400m	, 2014 (11)	30.	5:55.16	-	5:30.00		86%	1
50m		8.	36.73	-	37.16	04.06.2025	102%	
400m	, 2013 (12)	25.	6:11.25	-	6:11.00		100%	10
400m	, 2014 (11)	31.	6:38.56	-	7:00.00		111%	1
400m	, 2013 (12)	19.	5:57.54	-	6:17.00		111%	1
800m	, 2010 (15)	13.	10:59.38	-	10:54.00		98%	-
200m	, 2016 (9)	32.	3:35.81	-	3:55.00		119%	1
200m	, 2015 (10)	42.	3:58.70	-	4:00.00		101%	1
400m	, 2012 (13)	37.	6:04.75	-	6:02.00		98%	-
400m	, 2014 (11)	49.	6:43.10	-	6:30.00		94%	-
200m	, 2015 (10)	43.	3:46.43	-	3:48.00		101%	1
800m	, 2010 (15)	7.	11:35.29	-	12:00.00		107%	1
200m	, 2016 (9)	39.	3:39.07	-	3:44.00		105%	1
200m	, 2016 (9)	24.	3:27.00	-	3:46.00		119%	1
200m	, 2016 (9)	39.	3:42.98	-	4:00.00		116%	1
200m	, 2016 (9)	35.	3:41.92	-	3:52.00		109%	1
400m	, 2014 (11)	51.	6:44.27	-	6:30.00		93%	-
50m	, 2015 (10)	22.	40.35	-	39.21	19.05.2025	94%	4
200m		27.	3:17.79	-	3:20.00		102%	1
50m	, 2010 (15)	7.	27.04	-	26.85	01.01.1000	99%	1
800m		15.	11:22.72	-	11:29.00	01.01.1000	102%	
50m		4.	29.85	-	29.70	01.01.1000	99%	
400m	, 2014 (11)	28.	6:24.72	-	6:15.00	01.01.1000	95%	-
400m	, 2012 (13)	13.	5:37.42	-	5:43.81	01.01.1000	104%	1
50m		4.	35.93	-	34.99	01.01.1000	95%	
50m		4.	34.37	-	34.00	01.01.1000	98%	

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400m	, 2012 (13)	13.	5:15.85	-	5:25.00	01.01.1000	106%	1
50m		4.	33.58	-	32.00	01.01.1000	91%	
50m	, 2012 (13)	WDR		-	36.50	01.01.1000	-	-
400m		WDR		-	6:30.00		-	-
50m		WDR		-	39.00	01.01.1000	-	-
50m	, 2013 (12)	29.	35.21	-	NT		-	-
400m		50.	6:43.16	-	NT		-	-
50m	, 2015 (10)	24.	41.16	-	NT		-	-
200m		34.	3:31.17	-	NT		-	-
50m	, 2011 (14)	13.	31.27	-	NT		-	-
800m		19.	12:02.90	-	NT		-	-
50m		7.	35.38	-	NT		-	-
50m	, 2015 (10)	4.	36.31	-	NT		-	-
200m		13.	3:11.09	-	NT		-	-
50m		7.	51.75	-	NT		-	-
50m	, 2011 (14)	10.	27.84	-	NT		-	-
800m		16.	11:46.16	-	NT		-	-
50m	, 2015 (10)	14.	37.42	-	NT		-	-
200m		23.	3:08.06	-	NT		-	-
400m	, 2012 (13)	24.	5:41.48	-	NT		-	-
50m	, 2016 (9)	21.	39.45	-	NT		-	-
200m		35.	3:31.35	-	NT		-	-
50m	, 2011 (14)	11.	28.76	-	NT		-	-
800m		18.	12:01.03	-	NT		-	-
50m	, 2016 (9)	35.	51.24	-	NT		-	-
200m		47.	4:04.11	-	NT		-	-
50m	, 2014 (11)	WDR		-	42.00		-	-
400m		WDR		-	7:30.00		-	-
50m	, 2010 (15)	12.	29.68	-	NT		-	-
800m		22.	12:44.04	-	NT		-	-
50m	, 2015 (10)	5.	37.39	-	NT		-	-
200m		17.	3:16.92	-	NT		-	-
50m		8.	51.87	-	NT		-	-
400m	, 2012 (13)	45.	6:23.27	-	NT		-	-
50m		4.	39.93	-	NT		-	-
50m	, 2014 (11)	27.	34.70	-	NT		-	-
400m		46.	6:29.53	-	NT		-	-
50m	, 2015 (10)	WDR		-	42.50		-	-
200m		WDR		-	3:48.10		-	-
50m		WDR		-	51.18	01.01.1000	-	-
50m	, 2015 (10)	23.	40.65	-	NT		-	-
200m		45.	3:49.05	-	NT		-	-
800m	, 2011 (14)	21.	12:43.01	-	NT		-	-
50m		6.	32.30	-	NT		-	-

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400m	, 2013 (12),	21.	6:00.17	-	NT	-	-
50m		9.	39.50	-	NT	-	-
50m	, 2015 (10),	15.	37.78	-	NT	-	-
200m		24.	3:10.58	-	NT	-	-
50m		7.	54.18	-	NT	-	-